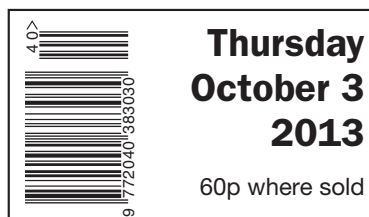


Epsom Guardian.co.uk



BY HOOK OR BY CROOK
Peter Pan in peril
at Playhouse Page 25

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Thursday, October 3, 2013

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Howzat?



Record breaker: An Ashted schoolboy smashed his way into the cricketing record books last week, becoming the second youngest person in Britain, after the legendary WG Grace, to score a double century. Turn to page 5 for the full story

WATCHDOG'S 'WITCH HUNT'

'I was victimised' claims care home whistle-blower

by HARDEEP MATHURU

hmathuru@london.newsquest.co.uk

An ex-policewoman has slammed the Government's care watchdog, claiming it launched a "witch-hunt" against her because she raised concerns about the quality of its inspections.

Rebecca Prideaux, from Epsom, quit her job at the Care Quality Commission (CQC) in May, after just nine months.

She said that inadequate training, inexperienced inspectors and a culture of shying away from making serious criticisms was resulting in failings at care homes going unchecked.

The CQC rejected her criticisms, saying she resigned before qualifying as an inspector and that in future it would be recruiting inspectors who were specialists in their field.

Mrs Prideaux said the CQC "victimised" her after she issued warning notices to La Luz Residential Home, in Tadworth High Street, in January - one of several homes she inspected while still on probation and without being "signed off as competent" by the watchdog.

She said when the home's owner, Mr Soto, complained about the warning notices to her manager, Mrs Prideaux was told she could no longer conduct inspections alone.

The 37-year-old said: "There had been media interest in it and I felt I was almost a scapegoat."

"I thought someone, somewhere is on a witch hunt."

Mrs Prideaux left her job on the beat with Surrey Police in 2007 after seven years to look after her elderly grandparents and applied for the £40,000 position as a CQC inspector to "have a job which made a difference".

After a 10-week induction, ending in October last year, Mrs Prideaux said she conducted seven inspections on her own, even though she had not completed the requisite number of "shadow" inspections during her training.

On one of three shadow inspections she did complete, at Appleby House, in Epsom, she said several failings went unreported by an experienced inspector, including a claim by staff that men and women often ended up wearing each other's underwear, but "some people's views were, 'they have dementia so it doesn't matter anyway'."

Continued on page 4



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Ex-cop attacks 'failing' care watchdog

Continued from front page

A spokesman for Care UK, which owns Appleby House, said: "We do not believe the quality of care provided to residents at the home in September 2012 fell below the required standard in any way not identified by the inspection."

"There has never been any evidence, either in CQC's inspection reports, or our own audits, to suggest that the team did not feel able to raise concerns at the home."

Mrs Prideaux said another home she inspected alone, Birdcroft Nursing Home, in Ashted, did not meet any of its essential requirements and she was surprised when a colleague, who wrote the report into its inspection while Mrs Prideaux was off sick, did not issue any warning notices demanding urgent action at the home.

A CQC spokesman said it "felt that issuing compliance actions was the most proportionate response in this case".

Mrs Prideaux said: "If you're picked out as someone who isn't going to tick boxes quietly you're victimised."

"Seventy-five per cent of my

colleagues shied away from issuing enforcement."

Mrs Prideaux also said "five-star hotels and Powerpoint presentations" were inappropriate during her induction and that training must be about "feet on the ground".

A CQC spokesman said Mrs Prideaux's views were not shared by the "more experienced and specialist inspectors" who worked with her.

He said: "Other new inspectors have been complimentary about their training."

"We are changing the way we inspect, particularly to ensure all inspectors are specialists in the areas they inspect."

The spokesman said the CQC's induction mixed e-learning, taught sessions and IT and allowed new inspectors to apply what they have been taught in the workplace.

He said: "New inspectors are advised that their learning does not stop once the induction has been completed."

"There is also an expectation that inspectors are signed off as competent once their induction or probation is completed."



Victimisation claims:
Ex-PC Rebecca Prideaux

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Editor: Sean Duggan
newsdesk@epsomguardian.co.uk
Tel: 020 8722 6391

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Review delays move of hospital services

Sutton Hospital is to lose 80 per cent of its services to Epsom and St Helier.

The hospital is half empty but treats about 1,500 patients a week.

Withdrawing from the site was part of the planned £219m redevelopment of St Helier Hospital, but this has been delayed by the Better Services Better Value healthcare review.

It emerged in April this year that the trust was proposing to

move out of Sutton Hospital within a year to 18 months and will eventually sell the site.

It has now been announced that 60 per cent of the hospital's services will be moving to St Helier, which treats 8,500 patients a week, and 20 per cent will be moving to Epsom, which treats nearly 4,900 a week.

It is expected the move could save the trust at least £3m a year.

Tim Wilkins, project director

said: "The changes we're proposing will improve the services we offer to our patients, improve the working environment for our staff and will help us to balance the books."

"We have £4.5m in capital to move our services and to upgrade facilities at both Epsom and St Helier."

A drop-in session on the plans is being held today from 3pm to 5pm in the reception of Sutton Hospital.

Health chief reports progress for hospital

by HARDEEP MATHURU

hmathuru@london.newsquest.co.uk



A "different picture" of Epsom Hospital has emerged in the past 12 months, according to its chief executive who highlighted the organisation's achievements at the trust's annual public meeting last week.

Members of the public were invited to a reception at Epsom Hospital, followed by a series of presentations from Matthew Hopkins and members of the hospital's clinical and nursing teams.

Mr Hopkins said that "while there is always room for improvement", Epsom Hospital had made significant progress in the last financial year, 2012-13.

He said: "Last year we were facing a different direction of travel for the organisation. Now perhaps there is an emerging picture of a different kind."

"If you believe what the newspapers, nationally, and, to some extent locally, tell you you would think your health service is under siege. Epsom Hospital's annual report tells a different story."

Members of the audience heard that the trust's predicted deficit at the end of April 2013 was down from £19.4m to £12.1m.

The trust made £16.5m worth of efficiency savings in 2012-13 and the target for this year is £19.9m.

The trust's total income was £343.6m and its expenditure £350m. £314m was spent on clinical services.

Although the hospitals missed their targets for C diff and MRSA infections, they met the majority of other key standards including treating, admitting or discharging 95 per cent of patients attending A&E within four hours.

Mr Hopkins said the redevelopment of St Helier is on hold until the conclusion of the Better Services Better Value (BSBV) review as the trust

has to "demonstrate we can afford the annual repayments on the investment".

He said the uncertainty of the review has had an impact on "recruitment and retention".

But, when asked how he felt about high standards for London hospitals being imposed on Epsom, he said: "We are in conversation with our commissioners as to how we might deliver those standards and whether they are affordable. Whether they are imposed through a BSBV process or our discussions with local commissioners there's no doubt we're very keen to aspire to them."

New direction: Epsom Hospital



Review criticised for focus on London

Surrey's health champion has slammed a controversial review that could axe Epsom Hospital's acute services for being too focused on improving care standards in London.

Richard Davy, of Health-watch Surrey, which took over

from the Surrey Local Involvement Network (LINK) as the area's new "consumer champion" in April, said: "We are disappointed that even after we had raised this with them, the Better Services Better Value review is still primarily

London-focused and does not truly incorporate or address the needs of people in Surrey."

"It is understandable why local campaigners and politicians in Surrey are so worried about the review and the impending consultation."

Dispute may cost clinical group millions

Surrey Downs clinical commissioning group (SDCCG) stands to lose £2.5m in a dispute with an award-winning healthcare service after an NHS bureaucrat decided to axe its contract.

At a meeting of SDCCG's

governing body, held at Elmbridge Civic Centre, on Friday, its members were given an update on the decision, delegated to its chief officer, Miles Freeman, in August, not to renew the contract of the now-defunct

Epsom Downs Integrated Care Services (Edics), which provided specialist NHS clinics in the community.

Read the full story at
epsomguardian.co.uk

Schoolboy excused class to bat his way into cricket record book

An Ashted schoolboy took a break from studying last week to bat his way into the cricketing record books.

Dominic Sibley scored 242 runs for Surrey Cricket Club in their draw against Yorkshire, becoming the youngest double centurion in county championship history.

The 18-year-old's historic effort spanned nearly 10 hours of cricket and 538 deliveries and came in only his third match for the club. He also scored 108 runs in boundaries.

Sibley, at 18 years and 21 days, became the youngest century-maker in Surrey's history, the youngest double century-maker in championship history, the second youngest Englishman after WG Grace to score a double century and the first 18-year old to score a century for Surrey since Graham Thorpe in 1988.

He now overtakes

by **ANDY BLOSS**

abloss@london.newsquest.co.uk

Northamptonshire's David Sales, who has been the record holder since 1996, as the youngest double centurion.

It was a remarkable feat for the Whitgift School pupil who began his cricketing career at Ashted Cricket Club, following in the footsteps of his granddad, Peter, and his dad, Mark, who both played for the club.

He has also played for the England under-19 team.

Sibley said: "I can't quite describe how it felt. When I got to a hundred I was quite emotional really



Batting: Dominic Sibley in action for Ashted

and reading the records out and seeing my name on the board with some of the greats was very special. "What happened last week is something I will never forget. It has been brilliant and I have loved every minute of it.

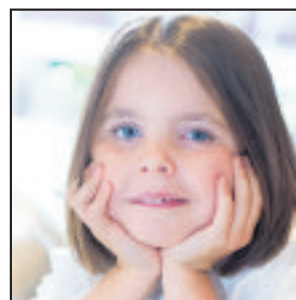
"I will be honest, I was pretty nervous before this game as I got zero in the last game I played so I was just happy to get off the mark." The teenager is studying

geography, English and physical education at A-level, although he has yet to have much teaching time this year due to playing the last three games of Surrey's season.

He said: "Some of my teachers haven't even seen me this year yet.

"The teachers have been brilliant and Whitgift has helped me through the past couple of years so I imagine this year will be no different."

Cricketing champion:
Second youngest double-century of all time, Dominic Sibley



Girl's long locks cut for the first time to help others

A schoolgirl with hair so long that other youngsters would tread on it has had it chopped off for charity.

Libby Ayling, six, from Woodmansterne, in Banstead, had hair which reached her bottom that had never been cut.

But her mother Maxine

Ayling said that the Woodmansterne Primary School student was "excited" to have 20 inches cut from her hair on Friday, September 27, at Best of Both Worlds Hairdressers in Banstead.

Through sponsorship, Libby has so far raised more than

£700 for getting her hair cut for the first time, with all the money donated to the Oak Centre for Children and Young People at the Royal Marsden Hospital in Sutton.

Libby's sister, Mia, nine, also had 12 inches cut off her hair. Both girls' hair has been given

to the Little Princess Trust that provides real-hair wigs to children who have lost their hair through cancer treatment.

Mrs Ayling, 33, said: "Libby was so excited to get her hair cut and loves her new look."

To sponsor Libby visit just giving.com/libbyayling.

Cutting it for charity: Libby Ayling before and after she had her hair cut

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Eight facing trial

An Epsom man has denied violent disorder on the night a student died following an alleged brawl outside a pub.

Ben Axelrod, 26, of Station Approach, was the eldest of eight defendants who have pleaded not guilty to offences relating to a fight prior to the death of Patrick Lawless in Twickenham.

The fight was outside the Royal Oak, in Teddington High Street, on Saturday, November 10, last year.

Police linked the alleged brawl with the death of St Mary's University College student Patrick Lawless, from Twickenham, who collapsed in nearby Field Lane at 12.30am the next morning. A murder investigation was launched after the 20-year-old died in hospital from head injuries.

The eight defendants spoke only to confirm their names and enter their pleas when they appeared at Kingston Crown Court on Friday, September 27.

Patrick Conway, 21, of St John's Road, East Molesey, pleaded not guilty to one charge of manslaughter and one charge of violent disorder.

Mr Axelrod is among five of the defendants who pleaded not guilty to one charge of violent disorder each.

They are all due to return to the same court on January 13 for trial.

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Crazy goings-on: The Mad Hatter and Cameron Gosling, eight

Deadlinepix EP79649

Putting arts into town

Musicians, poets and even a Mad Hatter were out on the streets of Leatherhead on Saturday at the start of a month-long arts festival. Mole Valley's celebration of the arts, Arts Alive, started with a street party by the Swan Centre featuring festival highlights.

Highlights from the coming weeks include Surrey Philharmonic Orchestra performing works from their coming season, a five-hour dance session by LeRoc Surrey and a

performance by BBC Radio 2 host and Queen of Swing, Claire Teal, at Leatherhead Theatre.

Maurice Homewood, chairman of this year's Arts Alive, said: "It's all waiting for you in October."

Arts Alive was established in 1996 as a two-week literature festival but has developed over the years to include all art forms.

For more information visit arts-alive.co.uk.

Mosque meets its match in car chaos conundrum

by SOPHIA SLEIGH

ssleigh@london.newsquest.co.uk

A plan to open a "car-free" mosque in Worcester Park has been rejected after councillors described the idea as "tosh".

Sutton Council refused planning permission for a mosque to be opened in the old Bank Chambers building in Green Lane near the junction with Green Lane at a heated meeting last Wednesday.

The scheme was rejected after councillors on the development control committee refused to accept the developers claims that no one would drive to the mosque and said plans would exacerbate an already-existing problem with traffic in the area.

It is the second application to convert the building, which

has been abandoned for more than four years, into a mosque.

The first application was thrown out last year on the grounds it would cause traffic chaos with no measures to stop up to 140 people coming in cars with no on-site parking.

The more recent application reduced the capacity of the building to 95 and came with assurances from Cunnane Town Planners, contracted on behalf of the applicant, that no one would drive to the mosque as all its catchment live within 700m of the site.

But the argument was dismissed by Councillor Tony Shields who called the

presentation from Cunnane "tosh" and added: "You've used guesswork to come to the conclusion you're looking for."

"It will be gridlock. It doesn't matter whether it's a mosque, pilates or a bingo hall – that building is not suitable for public assembly."

The proposed mosque would have served the Ahle Sunnat Wal Jama'at branch of Islam.

The nearest mosque for many worshippers in the area is in Kingston and the chairman of the Kingston Mosque and Muslim Association, Javed Rafiq, said more mosques need to be opened in the area to ease the pressure on the East Road mosque.

He said: "If the surrounding areas do not have mosques or

places of worship then it puts a strain on us. We already have parking issues that we have to deal with."

"The plans [for the Worcester Park mosque] were put forward by people living in the area. Seven-hundred metres is definitely walking distance, I would have thought anyone going from Worcester Park would walk."

"I think there is a climate of Islamophobia and it's quite difficult to explain to people what having a mosque in their area would mean. They are places of worship but they're also about promoting social cohesion and citizenship."

An appeal against the rejection of the first application is set to be heard in November.

Muslims buy former Worcester Park Tavern

The South West London Ismaili Community has purchased the old Worcester Park Tavern, which closed in August last year and want to make it a centre for their community.

The Islamic group wants to use the property to serve the "social, cultural,

educational and religious needs" of its members.

The Worcester Park Centre is expected to contain an activity space, a small library and an area for meditation and spiritual practices.

The building will be maintained by volunteers

and there is on-site parking with up to 54 spaces.

A statement from the community said: "The community are proposing to make very few changes to its external appearance."

"Meditational practices and readings are held once a day and the use will

generate less traffic, particularly during the evening rush hour, than did the public house before."

"It is very important to the Ismaili community that the scheme is appropriate for the site and is fully understood by the neighbours."

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No to fast food: Elaine Jury, left, and protesters outside the Organ and Dragon on last year

Deadlinepix
EP70098

KFC is off the menu at ex-pub

Residents celebrated a victory for "normal people taking on big corporations" after KFC lost an appeal to turn a historic Ewell pub into a fast-food restaurant and takeaway.

Last December, to the delight of thousands of residents, Epsom Council's planning committee rejected an application by the fast-food giant to turn the Organ and Dragon, which was a pub and Thai restaurant, into a KFC because of concerns that it would have "an adverse impact on the highway's safety".

KFC appealed to the Government's

by MATT WATTS

mwatts@london.newsquest.co.uk

planning inspectorate, which held an inquiry held into the decision at Epsom town hall in May.

But, a report published by the inspectorate last week endorsed the councillors' original decision.

It stated: "Although the visibility of the proposed access and impact on neighbours' living conditions would be acceptable, the impact of the scheme on the free flow of traffic and highway safety including parking and access by service vehicles would be severe."

"It would have a seriously adverse impact on the safety and efficiency of London Road and the Ewell Bypass."

A second planning application submitted to Epsom Council by KFC for the same project, which aimed to address highway safety concerns, was also rejected by councillors in March.

A spokesman for the Residents Against Fast Food campaign, which collected a petition against the applications, said: "We are delighted. It shows normal people can take on big corporations and win. If you're not apathetic, you

can challenge those who are supposed to represent you to really act in best interests of their constituents."

A KFC spokesman told the Epsom Guardian that it is has now withdrawn both planning applications for the Organ and Dragon site, which it owns.

She said: "We are obviously disappointed as we believe KFC would be a positive addition to Ewell. We respect the decision made by Epsom Council, and have withdrawn our planning application for this restaurant and are considering our options for the future of the site."

Broken crossing

A level crossing failure in Ashted station on Friday afternoon caused traffic chaos. The barriers were stuck down at the level crossing on Woodfield Lane at the railway line which bisects Ashted. A Broadhurst resident said traffic backed up for miles for about two hours.



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Wednesday 13 November 2013 5.00pm – 8.00pm (last entry 7.30pm)

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Summer ball auction shines for Sunnybank

by HARDEEP MATHARU

hmatharu@london.newsquest.co.uk

An original artwork by Chagall fetched £1,700 at a charity auction last month.

The lithograph by the world-famous artist was auctioned-off at the Epsom and Ewell Conservative Association's late summer ball on September 20 in aid of the Sunnybank Trust that supports people with learning difficulties.

Julian Samways, who won the bidding war, said: "It's a fascinating and historic work of art and I hope the money will make a difference to the work of the Sunnybank Trust."

More than £3,000 was raised for the charity at the event, with a Fred Olsen Cruise to Amsterdam and Antwerp bringing in £600 at the auction and a pair of Status Quo UK tour tickets donated by the charity's patron, Francis Rossi fetching £150.

The association also donated 10 per cent of its ticket sales to it.

Chris Grayling MP said: "I am delighted that we were able to raise just in excess of £3,000 for the Sunnybank Trust."

"The work the trust do is invaluable."

"They are my chosen charity



Success: Youngsters with Chris Grayling at the charity event and, inset, the Chagall artwork

for this year and I am so pleased to be able to support them."

Guests at the ball at Denbies Wine Estate in Dorking were welcomed by Epsom Downs Primary School and the Children's Centre Steel Band.

They were then entertained by the Martineau Brass Quintet

and the Downsend School Chamber Choir before tucking in to a selection of Indian dishes prepared by award winning local chef Enam Ali.

Sara Olsen, who helped organise the event, said: "The ball was a huge success and a truly spectacular event."

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Saviour of sight loss support retires

A woman who saved a sight loss support group from closure has retired after six years.

Joy Osborn, 76, from Epsom, stepped down from her position leading the Macular Society's Sutton support group

last month.

A chronic shortage of volunteers prompted her to get involved in the group.

She said: "Helping other people is just something I've always done, right from when I

was at school. It's one of those things that I enjoy."

For more information on the condition call the charity's helpline on 03003 030111 or email help@macularsociety.org.

Tories 'intolerant and homophobic' to MP

by HARDEEP MATHARU

hmatharu@london.newsquest.co.uk

A "small group of intolerant" and homophobic Tories are behind the decision not to endorse Crispin Blunt as Banstead's MP for the next general election, it has been claimed.

Reigate and Banstead Conservative Association's executive council voted, last Tuesday, September 24, not to automatically reselect Mr Blunt as its parliamentary candidate.

Mr Blunt said he was "disappointed", but will be "seeking the support" of the full membership of the association, who will now have the final say.

But local Tories, who believe there has been "no material change" in Mr Blunt's record as MP since the last election, have questioned the motives behind the decision.

Dr Ben Mearns, an association member and former Tory councillor in Reigate, said: "Some of the executive council are quite intolerant people and I believe the primary reason for him not being voted for is his sexuality."

"I can't see any material change



Disappointed: Crispin Blunt

in his performance. Crispin has always been liberal. Clearly for some people he's too liberal. Some members of the Conservative Party are intolerant and we have tolerated these people for a long time."

Dr Mearns referred to an article in the Daily Telegraph, published in 2010, the year Mr Blunt came out as gay, in which Tony

Collinson, the former association chairman, who Dr Mearns said has been co-opted on to its executive council, said Mr Blunt would never have been picked if the truth about his sexuality had been known in 1997 – the year he was first elected.

Andy Mountney, former chairman of the constituency party, said: "As an outsider looking in I'm struggling to see a lot of difference between Crispin now and five years ago other than his sexuality."

General Michael Steele, a member of the executive council who voted for Mr Blunt, added: "It is totally unnecessary, irresponsible and unreasonable. He has been a very good constituency MP and junior minister. There was neither rhyme nor reason to it."

Rumours that London Mayor Boris Johnson was being lined up to replace Mr Blunt were branded "absolute rubbish" by the association's chairman, Councillor Rita Renton.

The association was given the chance to reply to the criticism, but referred all enquiries to the Conservative central office, which has yet to respond.



More shopping: An artist's impression of the proposed Aldi supermarket in Kingston Road

Store application 'backed' by planners

A supermarket claims council planners are likely to back revamped plans for an Aldi store in Ewell when it comes before Epsom Council this month.

The German budget chain submitted a revised planning application at the end of July for a "modestly sized" 840sq m store in Kingston Road with eight flats and a 62-space car park.

Rob Scadding, associate at Aldi's planning consultant Planning Potential, said he expected councillors to consider

plans on October 10.

Mr Scadding said: "We have had a positive response to the application. The letters of support have outweighed the letters of objection."

He claimed that planning officers were "minded to recommend approval".

Aldi's original plans for the site were rejected in 2006 and revised plans were rejected again in 2007 following stiff opposition from neighbouring residents and businesses.

But in 2009 it won a planning

appeal for a scheme with nine flats that will use the slip road and Pinewood Place for access.

Since then the site has been empty, but Aldi has bought up two adjacent houses and now proposes to have in and out access on to Kingston Road near the junction with Ruxley Lane.

To comment on the application visit eplanning.epsom-ewell.gov.uk/online-applications/applicationdetails.do?activeTab=makeComment&key-Val=MQFR4KGY07A00.

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What's in store after Co-op's £350k revamp?

The Co-op food store in Ewell is due to re-open today after a £350,000 revamp.

A spokeswoman for the Co-op said the store on Kingston Road will offer an improved range of

fresh and chilled produce, an increased range of fine wines and a wider choice of ready meals.

Michelle Doyle, store manager, said: "Ewell residents are passionate about their food and our new-

look Co-op food store will certainly reflect this.

"Our products will reflect that the Co-operative is the leading supermarket supporter of Fairtrade, and is committed to sourcing British products were

possible. We know our shoppers lead busy personal and professional lives and my dedicated and knowledgeable store team will be on hand to help customers and be able to make recommendations."

Epsom's biggest donation?

by HARDEEP MATHARU

hmatharu@london.newsquest.co.uk

Epsom Rotary Club has donated £500,000 to provide a home for four women with learning disabilities to help them live independently.

It is believed to be one of the biggest single charity donations in Epsom's history.

The club bought a house in Andrews Close, Epsom, for £518,000, in February and it is currently being adapted to meet the needs of its future residents. The club has granted a 125-year lease, at peppercorn ground rent to the Grange, a Bookham-based charity for adults with disabilities.

Terry Maggs, the club's secretary and a trustee of 30 years, said the house was bought "specifically for use by the Grange" using money from a trust that was started by a past president, the late Geoffrey Gumersall, an



Every penny counts: A cheque for £500,000 is handed over

Epsom solicitor.

The club has been building up the trust over 40 years through various bequests, including a major donation from Burt Umpelby, also deceased,

who was another past president of the club and a local headmaster.

Mr Maggs said: "The trust deed and benefactors wishes provided that the funds be

invested in one property.

"No other projects have received funds from this trust otherwise there would have been insufficient money to purchase a property."

He said that the trust was set up to provide a property for disadvantaged people and that most of the money from it has been used.

Judith Walker, the charity's chief executive officer, said: "We are delighted to have this wonderful opportunity to be able to provide support to our people who want to live in Epsom."

The Grange provides a range of services, including provision of housing, 24-hour care and training in various skills enabling its clients to partake in work experience and potential employment opportunities.

Work is under way to adapt the four-bedroom home to suit the needs of the occupants who will move in this autumn.

Briefly

HOUSE FIRE: Firefighters were called to a living room fire in the early hours of Saturday. An Epsom fireman said the two male occupants of the house, on Poplar Crescent, West Ewell, suffered smoke inhalation.

CASH WALK: Residents from a Banstead care home raised £370 for the Alzheimer's Society when they took part in a memory walk. Walkers, from Sunrise of Banstead, based in Croydon Lane, Banstead, included 100-year-old Dorothy Benson.

HAND OUTS: Surrey's Police and Crime Commissioner Kevin Hurley has awarded £128,000 from his community safety fund to safety projects throughout the county. A drug and alcohol education scheme in Epsom and Ewell received £4,700.



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Diamond anniversary after dancing destiny

by HARDEEP MATHARU

hmatharu@london.newsquest.co.uk

An evacuee couple who believe fate brought them together have celebrated 60 years of marriage after falling in love during a night of dancing.

Ed and Maureen Batts, 85 and 81, of the Greenway, in Epsom, marked the milestone, on Thursday, September 26, with a party at their home, at which they received a card from the Queen.

The couple have two daughters, Maureen O'Reilly, 56, and Julie Webbe, 53, and three grandchildren, and think they first caught each other's eye while evacuees – although they never met.

Mr Batts was evacuated to north Devon during World War Two in 1939, while she was placed in a village 12 miles away from her future husband a year later.

She said: "Ed was in a well-established family and learned how to ride a horse and cart. He used to horseride out into the villages and I always said he spotted me then."

After the war ended they returned home to London, in her case Raynes Park, and Mr Batts to Bethnal Green.

They first met at a London dance hall and "danced all night" together.



Happy: Ed and Maureen Batts

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But Mr Batts, who was doing national service and was smartly

dressed in the uniform of a Lifeguard, told her he could not see her again because he was being posted to Palestine.

A year later, both were at the same dance again – and have been together ever since.

Mrs Batts said: "He was very handsome. The first time we met he asked if he could walk me home. In those days it meant dropping you at your door and giving you a kiss goodnight."

"I came through the front door saying 'I've just been kissed by a Lifeguard'."

"Destiny guided us together."

After living in Tooting Bec, while Mr Batts worked as a milkman, the couple moved to Earlsfield and Worcester Park, before moving to Epsom 20 years ago.

Mrs Batts, who worked as a secretary, said the couple are longstanding members of the Evacuees Reunion Association and that the pair's "happy time" as evacuees created a bond between them.

She added: "He's lovely and a thinker, and I'm a talker."

"You fall in love and there's all the romance, but you've got to be friends."

Mr Batts said that his wife is a "wonderful person and there's not enough words I can say".

Church reveals relic

A hidden Victorian artwork has been uncovered during the restoration of an old school chapel.

Contractors stumbled on a band of gothic script from John's Gospel around the apse of the chapel at St John's School in Leatherhead this month.

A suspended ceiling had masked the inscription on the wall,

by a certain Miss Eastwood, and the chapel's wooden beamed roof for nearly 50 years.

Abbie Carr, development director at the school, said they had fundraised a third of the £1m needed for the restoration.

Of the discovery, she said: "It was a bit of a surprise really. We had seen the painting in old photographs."



Old: Art in the chapel

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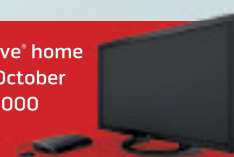


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Does your loft hide a small fortune?

Antiques Valuation Roadshow returns to Weybridge.

One of the longest running programmes on television is "The Antiques Roadshow" where items are valued and an explanation of the piece is given. Often owners are delighted at the worth of something that might have been hidden away or not given a thought for a generation.

Specialist valuers Knights have been staging Valuation Roadshows for years, and give the incentive to bring all manner of items for a free assessment with immediate cash for those who wish to sell.

In almost every home there is a dark corner or a loft where some neglected piece lies – someone's collectible that can be turned into a cash windfall.

Many stories exist of the surprised delight that these

experts can bring to visitors. One recently is of a retired couple who brought a box of bits and pieces to a Roadshow that had been left to them by an elderly relative. They thought that the small collection of oddments might realise perhaps £100. Imagine their surprise when they left the Roadshow having sold their "trinkets" for over £2500!

Experiences like this are quite commonplace and this Roadshow will no doubt see similar happy events. So search through those lofts and cupboards and bring your hidden treasures to the Roadshow where Knights specialist valuers will be ready to give you an appraisal free of charge. No queuing and no appointment is necessary. Car Parking is available.

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In Memoriam

In loving memory of
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6.7.1944-3.10.2003

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Obituary Notice

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BACK CARE AWARENESS WEEK



FROM 7 TO 11
OCTOBER

Why 60 can be the new 40

'Sixty is the new 40' is more than a marketing slogan. The phrase is also a metaphor for optimism, as well as a metaphor for good health.

'Sixty is the new 40' means there is plenty of productive life ahead.

The phrase implies that, if one is ready, able, and motivated, whole new aspects of living can be explored.

Backed by a lifetime of experience, people in their 60s are going back to school to get the undergraduate or

Ewell chiropractor Phil Delpont gives sound advice on staying fitter whatever your age

graduate degree of their dreams, or they're setting up shop for themselves as artists, artisans or consultants.

Today's 60-year-olds are manifesting the spirit and vision that was previously thought to be the special province of those much younger.

But these new activities and endeavours require physical resources and energy.

For 60 to really be the new 40, that is, for one to be fully engaged with family, friends, and work, for one to be focusing on the present and maintaining a positive, expectant attitude towards the future, an optimum state of health is required.

Such an optimum varies from person to person. What is needed is for us to be

functioning at our optimum.

Such maximal functioning is based upon numerous factors, including a healthy, nutritious diet, two or three sessions of regular vigorous exercise, and consistent, sufficient rest.

Putting these lifestyle choices into place and making these elements of healthy living habitual will go far towards helping all of us make our chronological age irrelevant.

■ As a special offer during Back Care Awareness Week, which runs from October 7 to 11, Ewell Chiropractic Health Centre is offering a consultation and examination (excluding X-rays) free of charge. The normal fee is £45. Visit www.ewellchiropractic.co.uk



Chiropractic care for all the family

Chiropractic care is beneficial for all family members, including pre-schoolers, teenagers, and grandparents.

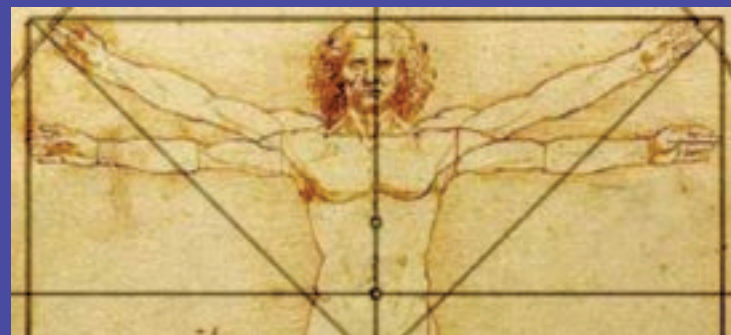
As good health is often based upon good spinal health, making sure that everyone's spine is functioning properly is a key component in maintaining a family's well-being.

Your spinal column houses and protects your spinal cord, which connects your brain with every organ, tissue, and cell in your body.

Irritation caused by a decrease in, or loss of full spinal mobility, may negatively impact the flow of information within the spinal cord, resulting in muscular aches and pains, lack of restful sleep, nervousness, headaches, and disease.

By helping ensure optimum functioning of your spinal column, chiropractic care helps address the causes of these various problems at their source.

Chiropractic care helps people of all ages achieve better health and optimum well-being.



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ADVERTISEMENT FEATURE



Get ready for winter

Unfortunately every year plumbing emergencies such as burst and frozen pipes do happen to many homes in our area.

Now is a good time to think about some preparations you can make towards protecting your home this winter.

There are some practical things that you can do to be ready for the diverse range of winter weather that we experience. Sutton and East Surrey Water plc and the Met Office host dedicated web pages to helpful advice on how you can protect your home from the effects of cold weather.

Avoiding frozen pipes is a main concern as this can lead to burst pipes in various parts of the home. Insulation is particularly important for all the pipework and tanks in the loft or garage and for any other pipe work that may be exposed to the cold temperatures.

If you are going away during the winter months it is advisable to leave the heating on low and ask someone to pop in and check on your property. If the property will be unoccupied for long periods, it is worth turning off the stopcock and draining down the system, leaving less risk of damage from leaking pipes or tanks.

It is important to be aware of the location of your internal

stopcock or valve, most often situated under the kitchen sink. The water supply can usually be switched off by turning the stopcock in a clockwise direction. It is a good idea to check the operation of the stopcock or valve just to ensure that it is functioning normally.

If you are faced with a problem, it is advisable to call in a fully qualified plumber to stabilise and repair the problem. Don't forget to turn the taps off once

It is important to be aware of the location of your internal stopcock or valve, most often situated under the kitchen sink

a repair has taken place and return your stopcocks and valves to their normal position.

There are many steps you can take to protect your home against water damage and a household check is strongly recommended in preparation for the cold and wet weather to come.

Dealing with a plumbing emergency

Unfortunately plumbing emergencies such as burst and frozen pipes do happen. Call for a plumber as soon as possible and take the following steps to stabilise the problem and minimise damage.

Burst Pipes

- Prevent water passing the point of the leak by turning off all stop valves.
- Open, all cold water taps so that the pipe work and storage system drain quickly.
- Switch off the boiler, immersion heater and any other water heating.
- If water has leaked near your electrics or any electrical goods, switch them off at the mains and do not touch them until they have been checked over by a fully qualified electrician.

Frozen Pipes

- Turn off the mains water supply at the stop valve.
- Ensure that your boiler is switched off. If the hot water system is frozen and the boiler is still alight it could lead to further problems.
- Carry out visual pipe checks where possible.
- Protect your belongings - move them away from the pipe to prevent water damage when the pipe thaws.
- If the frozen pipe runs from a storage cistern and is not controlled by a valve, check if it has split. If it has, open all cold water taps in the system and flush the WC in order to empty the cistern.
- If the pipe has not split then open the cold water tap nearest to the part of the pipe you think is frozen to allow the water to flow once the ice has melted.
- Speed up the thawing process by applying a hot water bottle or heated cloth to the frozen area of the pipe. Start at the end nearest the tap and work back towards the cold water tank.

Remember:

- Never use an electrical appliance or an open flame such as a blowtorch to thaw out the ice.
- Don't try to thaw it too quickly as there may be splits in the pipe which are difficult to see.
- Be careful, although water may be flowing from taps, other parts of the system may still be frozen.

Call the experts

Taking the above steps will help stabilise the problem but an expert is still needed to fix the problem safely.



Winter's on the way. Are you ready?

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HOUSEHOLD
HEALTH CHECK

www.h2oservices.com

It may seem early to worry about the chilly months to come, but acting early can save you £hundreds – not to mention the mess and upset of burst or frozen pipes and central heating problems.

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Our Winter Household Health Check is great value for money, and includes a FREE 365-day plumbing and drainage emergency cover scheme*.

Our visit includes the following:

- Checking any tanks in the attic and that pipes in exposed areas, such as outbuildings and garages, are well lagged.
- Checking the condition of taps, valves and overflows. Ensure your internal stop cock is fully functioning.
- Advice on weatherproof insulation on all pipes and taps exposed to the elements.

- Visual inspection of central heating system pipework/radiators and helpful advice on your boiler.
- We'll also inspect your electrics, including sockets, switches, light fittings and fuse box.

This comprehensive inspection costs just £49.00, and as an added benefit for year-round peace of mind, we'll give you 365 day plumbing and drainage emergency cover scheme **COMPLETELY FREE OF CHARGE***.

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*Terms and conditions apply. The free 365 Assured Primary scheme (worth £75) is available to new policy customers only.



Club still blooms after seeds were sown in '65

by HARDEEP MATHARU

hmatharu@london.newsquest.co.uk

A flower club in full bloom celebrated its 45th anniversary last month.

The Epsom Garden Flower Club, which meets at Christ Church Hall, in Christchurch Road, Epsom, was created in 1968 as an offshoot of the Epsom Garden Society, to enable the subject to be taught locally.

The club continues to attract new members and has something for anyone interested in flowers, including arranging lessons, visits and demonstrations.

Members marked the milestone with a cake and bottle of bubbly donated by a member, which was followed by a flower demonstration by expert Kathryn Goddard, whose floral career has included providing flowers for stars of the silver screen and large corporations and teaching flower-arranging for those in finishing school.

Audrey Simpson, the club's chairman, said: "One of the appeals of our club is that we are one of the few clubs in the area to hold our meetings in the evenings, which is appreciated particularly by working women."

"Whether people want to learn how to make the most of flowers,



Icing on the cake: Club members celebrate

go on visits or simply come to watch a live demonstration, there is something for everyone."

Esther Barley, the club's president and one of its founding members, said it "is still giving its members great pleasure".

She said: "Flowers enhance so many aspects of our lives and it is always enjoyable to relax among them."

Contact Elizabeth Toogood on 01372 721353 or by emailing elizabeth@toogoods.com.

Apprenticeship boost for young

A social networking entrepreneur is supporting Surrey's drive to encourage more businesses to hire youngsters.

Penny Power founded the UK's first social network for business in 1998, which now boasts more than 600,000 members worldwide, and has recently been involved in helping young people with digital skills secure apprenticeships.

She joined Surrey

County Council's leader, David Hodge at the Surrey Technology Centre, in Guildford, which was held to boost the job prospects of 500 teenagers by next April.

About 45 firms attended with a quarter signalling their intention to hire an apprentice.

Councillor Hodge said: "Apprenticeships are good for business and for a successful career."

"Our aim is to give 500

more young people the leg up they need to find work at a tough time and provide employers with the skilled workforce they require."

A Surrey opportunities fair will also be held on October 8.

Businesses that are interested in hiring an apprentice can call Chris Bussicott on 01483 519342 or email at chris.bussicott@surreycc.gov.uk.

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summer?



Briefly

ONLINE TEST: Diabetes UK is offering free risk assessments at its regional headquarters in Epsom on Thursday October 17. The open day is between 10am and 3pm at Blenheim House in Longmead Business Park. Take an online test at diabetes.org.uk/riskscore.

FREE PARKING: Mole Valley District Council is asking residents and traders when they would like free Christmas parking. Complete the survey at molevalley.gov.uk.

IN TUNE: A new symphony orchestra is open to everyone aged 19 and under who lives or goes to school in Epsom. Epsom and Ewell Schools' Symphony Orchestra held its first rehearsal on Tuesday and its first concert will be on Tuesday, December 10, in Epsom College. Call 01372 821243.

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Clock House Alliance Imaging Centre, located within its own tranquil grounds and conveniently close to Epsom town centre, delivers a wide range of specialist diagnostic imaging solutions to patients in the local community and those in surrounding areas.

The centre at the Alliance Medical House in Dorking Road, provides high quality MRI and ultrasound scans and an X-ray suite to the general public. In addition, the MRI scanner provides the most advanced cardiac scanning within the Surrey borders.

Bill Cassidy, managing director of Clock House Healthcare Limited, said: "With nearly 11,000 patients currently on the waiting list for an MRI scan in the south east, we are

tremendously excited by the potential for this outstanding facility in helping to ensure that those in the area get faster treatment at the right time in a patient focused and luxurious environment."

The centre is recognised by all major insurance companies and also welcomes self-funding patients. A spokesman said: "Our doors are also open to NHS patients as we work with local commissioners to provide quick and effective imaging."

The state-of-the-art Siemens Magnetom Aera 1.5T MRI wide bore scanner allows complex Cardiac MRI studies to be undertaken and provides an improved scanning experience for all patients, but particularly those suffering from claustrophobia, pain and mobility issues or respiratory difficulties together with a range of musculoskeletal conditions such as back, hand, elbow and knee pain. MRI scans start from £199.

There is ample free parking at the centre which is opposite Epsom Hospital. It is only a five-minute walk from the town centre and is easily accessible if you are travelling by train. To book an appointment call 01372 840870.



Need an MRI scan? Contact Clock House Alliance Imaging Centre in Epsom...



Clock House Alliance Imaging Centre

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Clock House Alliance Imaging Centre, Alliance Medical House, 4b Dorking Road, Epsom, KT18 7LX

County 'safe' during firefighters' walk-out

by ALICE FOSTER

afoster@london.newsquest.co.uk

There were just two small fires in Surrey during last Wednesday's firefighters' strike and calls to 999 dropped by 50 per cent.

Surrey was the only place where striking firefighters were banned from working the entire nine-hour shift after the council claimed it would be a "logistic nightmare" to allow crews to leave work for four hours.

The Fire Brigades Union (FBU), which organised the walkout over changes to pensions, staged a protest outside Surrey county hall.

Specialist Group International (SGI) provided trained crews to make up numbers, but the fire service was only called out to a small rubbish fire in Addlestone and a car on fire in Cobham.

Councillor Kay Hammond, Surrey's cabinet associate for fire and police services, said: "We planned long and hard to ensure Surrey was safe during this dispute between the Government and the FBU.

"Although we only had a couple of minor incidents I am confident our plans would have kept Surrey safe.

"We all hope that the Government and the FBU can find an agreement but here in Surrey we are ready to put our plans into place again if required.

"[Last] Wednesday the service received about 50 per cent fewer 999 calls and I'd like to thank our residents and businesses who took extra care and also thank those firefighters who put their communities first and chose to do a full day's work."

Adam Love, FBU representative at Epsom fire station, said last Wednesday: "We have been out today and a few people have said good luck in the campaign."

He said SGI is professional, but did not have valuable experience in fighting fires in different roles.

He said: "When firefighters go through training you learn how to push a button and squirt a hose but you can't learn experience."



Strike action: Union members held a demonstration outside Surrey County Council's HQ

Deadlinepix GH2591

The strike has been sparked by a dispute between the FBU and the Government over reforms to firefighters' pensions.

Matt Wrack, FBU general secretary, said: "This was solidly supported strike action by firefighters across England and Wales. It has demonstrated their anger and their determination.

"This strike was a last resort after the Government refused to negotiate – and a warning shot that firefighters are serious about

keeping a fair, safe and workable pensions scheme.

"Firefighters across the country are reporting a fantastic response from the public, who seem to understand that the Government's proposals on pensions are ludicrous.

"We have not ruled out further industrial action, but let's hope common sense wins out, public safety is put first and the Government comes back open to compromise."

Nine arrested in Surrey border checks

Nine people were arrested and six vehicles seized during an operation to target criminals crossing county borders.

Surrey Police and the Metropolitan Police worked together to stop more than 150 vehicles at the border of

Epsom and Ewell and Sutton on September 12.

PC Nathan Marsh, from the Surrey Police roads policing unit, said: "We received information which suggested that criminals were using the Epsom and Ewell border to

travel to commit offences.

"We believed that by putting a number of resources in the area that this would demonstrate our robust approach to tackling cross border crime and bringing offenders to justice."

Sutton safer neighbourhood Chief Inspector Nick Collins said: "Operations like this send out a message that police take a robust approach in catching criminals and we will be supporting further such cross-border operations to keep residents safe."

Vehicle and Operator Services Agency, UK Border Agency, Datatag and Epsom Council were involved in the day.



Border patrol: More than 150 vehicles were stopped

A week to explore mental health

A week dedicated to understanding and coping with mental health issues will examine the history of the Epsom cluster of psychiatric hospitals.

Epsom mental health week, which has been organised by charity Love Me Love My Mind, based in St Barnabas Church, in Temple Road, Epsom, will feature a series of free events, open to all, which will concentrate of the

theme of Mental Health: Past, Present and Future.

Events looking at the history of Epsom with regards to mental health-care will include a guided walk around Epsom's former mental hospitals and first-hand accounts of what it was like be a patient there, as well as practical classes on how to let go of past feelings through mindfulness.

There will also be talks

on issues surrounding mental health such as welfare rights, legal issues and how to survive in a changing society.

Professor Hugh Gurling will give a talk about the genetics of mental illness and the future of mental health work.

Epsom Mental Health Week will run from October 6 to 12. For more information visit lovemelove mymind.org.uk.

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MAYOR OF LONDON

Transport for London



Glossing over weak points

Travel times not an issue

The letter to the Epsom Guardian from BSBV staff, quoting the Birthplace Study as showing stand-alone, mid-wife-led units and home births as safe if proper assessment of risk is carried out, did not include other findings of the study.

It is true that the study found advantages in these settings for women who had already had a baby, but you will see there are risks for first time mothers.

From the very outset, BSBV staff have glossed over these risks. At one public meeting we were told there were "just a few" transfers needed. The

figures in the study of between 36 per cent to 45 per cent of first time mothers needing to be transferred to an obstetrics unit during or immediately after labour are not small. Not all these transfers will be life-threatening, but some will be, so it is important to know how long such transfers would take.

This is why we published SECamb data, which shows that, as admitted by BSBV staff, at least 30 minutes is involved if people from the area served by Epsom are taken to alternative hospitals.

This is also why we published the Royal College

guidance used in the Darzi report, which states clearly that maximum transfer time is 15-20 minutes from the time things start to go wrong in labour.

Again, responses from BSBV have been to question the validity of our ambulance data, to insist it is the time taken to get to the patient that is important (not until paramedics can carry out Caesarean sections) and vague promises of "lounges" for people who have a longer distance to travel.

The reality is that BSBV do not want to consider points that show our area's residents,

would be at risk if we lost maternity and paediatrics.

We agree a lot of adult care can be safely centralised and would provide better outcomes for patients. It is hard to understand why BSBV cannot make provision for the services that are more safely provided locally.

Even worse, they do not seem to have looked at the Darzi report, which was a massive piece of research with a whole section on maternity.

JANE RACE
and
ROSEMARY NAJIM
Epsom Hospital Campaign

In recent coverage, the Epsom Guardian has raised safety concerns about possible proposals for maternity services.

Your article suggested that increased travel times could impact on the outcome for mothers and babies in emergency situations. We feel it is important to clarify that in majority of women, pregnancies are uncomplicated and travel times from home to hospital would not adversely affect safety.

There are some circumstances when access to an obstetrician immediately improves outcomes. We believe that obstetric units should be staffed to be able to deliver high quality, safe care at all times so that in these rare

emergencies, outcomes for mothers and babies will be good. In all decisions about safe birthing locations for women, individual risk must be considered.

We have seen from the Birthplace in England research programme report in November 2011 that, provided this is done, midwifery units and home are safe places to give birth.

Miss JANE WILSON
Consultant obstetrician
Mr HASSAN SHEHATA
Consultation obstetrician
Dr MIKE LANE
GP
On behalf of the BSBV
maternity and newborn
clinical working group

No change there then

One further point regarding your article on parking in Epsom (Parking plea, September 26): in this highly technological age I find it staggering that Epsom Council cannot source parking machines that offer change... or could there be another reason related to increased revenue? Surely not.

CHRIS MALKIN
Epsom

Mountain must go to meeting to do her job

A very confusing picture is being portrayed concerning the relationship between the Conservatives and the Residents' Association (RA) in Epsom and Ewell. Unfortunately, in most respects, I find myself in the unusual position of having to defend the latter.

County Councillor Tina Mountain is becoming notorious for not turning up at meetings. But her borough councillor colleagues have a far worse record in

this respect – indeed, ask any councillor from any other party and they will confirm this is so. The Conservative literature at election time most certainly amounts to "dirty politics" and their tactics on election day itself last year were brought to the attention of the returning officer.

However, I am not sure why it is that College ward RA feels aggrieved that Coun Mountain has not

turned up for meetings.

They are represented by Liberal Democrat councillors and have been so for the majority of the past 16 years. Never once have the Lib Dems been invited to attend any of their meetings.

The reality is perhaps that the RA feels most closely aligned to the Conservatives, but when under attack, will defend their so-called independence. Most councillors, borough and county, concentrate on

doing the jobs for which they were elected rather than issuing broad criticisms in the press.

If Coun Mountain does this, she will find that the party politics fade away to reveal a healthy cross-party working relationship for much of the time.

JULIE MORRIS
Leader of the Liberal
Democrat group
Epsom & Ewell Borough
Council

Down town

What a shame Epsom town is so shabby.

The home of the Derby that has been let down by planning laws passed by the council that has allowed unsuitable buildings alongside wonderful architecture that should be treasured.

There are now pay day loan shops, we buy gold, and lots of charity shops and pawn brokers. What a choice.

Mrs BREWER
Ashted

Friday 6th – Tuesday 24th December

Supported by  107.8 radio JACKIE
The Sound of SW London

Polka Dot Pantomimes present



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PERFORMANCES

Friday	06 Dec	9:30am	11:30am	2:00pm
Saturday	07 Dec	9:30am	11:30am	
Sunday	08 Dec	9:30am	11:30am	2:00pm
Tuesday	10 Dec	9:30am	11:30am	2:00pm
Wednesday	11 Dec	9:30am	11:30am	2:00pm
Thursday	12 Dec	9:30am	11:30am	2:00pm
Friday	13 Dec	9:30am	11:30am	2:00pm
Saturday	14 Dec	9:30am	11:30am	2:00pm
Sunday	15 Dec	9:30am	11:30am	2:00pm
Tuesday	17 Dec	9:30am	11:30am	2:00pm
Wednesday	18 Dec	9:30am	11:30am	2:00pm
Thursday	19 Dec	9:30am	11:30am	2:00pm
Friday	20 Dec	9:30am	11:30am	2:00pm
Saturday	21 Dec	9:30am	11:30am	2:00pm
Sunday	22 Dec	9:30am	11:30am	2:00pm
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PERFORMANCES

Wednesday	18 Dec	10:30am	1:30pm	
Thursday	19 Dec	10:30am		
Friday	20 Dec	10:30am	4:00pm	7:00pm
Saturday	21 Dec	11:00am	2:00pm	6:30pm
Sunday	22 Dec	11:00am	2:00pm	
Monday	23 Dec	11:00am	2:00pm	6:30pm
Tuesday	24 Dec	11:00am	2:00pm	

Suitable for:
Age 6 - 106

TICKET PRICES

£14.50 Standard £12.50 Child
£50.00 Family Ticket (2 adults 2 children)
£9.50 School rate
Schools Special offer 1 free ticket for every 10 booked
Groups of 20+ £12.50 per ticket
Prices inclusive of a £1 booking fee per ticket

Saturday 7th – Tuesday 24th December

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You Santa and Stuck Up The Chimney

Join us on this magical adventure, based on the famous song, to see if the children manage to get Santa out of their Chimney.

Will they get their toys on time, will Santa make it round the rest of the World and will Rudolf get his red nose back? All these questions will be answered as we meet **Santa and his friends** on the Eve before Christmas.



Book online @ www.suttontheatres.co.uk

Information for Schools
You can now apply for free transport for school trips if your school is in the Greater London Area. For further information please call the special TFL no 0845 330 9876

PERFORMANCES

Saturday	7 Dec	2:00pm	
Sunday	8 Dec	11:30am	2:00pm
Friday	13 Dec	2:00pm	
Saturday	14 Dec	2:00pm	
Sunday	15 Dec	2:00pm	
Tuesday	17 Dec	2:00pm	
Wednesday	18 Dec	2:00pm	
Thursday	19 Dec	2:00pm	
Friday	20 Dec	11:30am	2:00pm
Saturday	21 Dec	11:30am	2:00pm
Sunday	22 Dec	11:30am	2:00pm
Monday	23 Dec	11:30am	2:00pm
Tuesday	24 Dec	11:30am	2:00pm

Suitable for:
Our younger audiences aged 5-8 and their families

TICKET PRICES

£11.00 Standard
£9.50 Children
£9.00 School rate
Schools Special Offer 1 free ticket for every 10 booked

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Charles Cryer Studio Theatre, 39 High Street,
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Charles Cryer Studio Theatre, 39 High Street,
Carshalton, Surrey SM5 3BB

A perfect festive treat for the young and the young at heart!

Abi's caring dental team



Advertisement feature

I have always found it very difficult to go to the dentist as I cannot tolerate anything touching the inside of my mouth.

I explained this to Abi Dental and they offered me a solution which was I.V sedation. The treatment was carried out in a professional manner by both dentist and staff. The surgery is spotlessly clean and I would have no hesitation in recommending them.

Mrs M Marshall

Patient testimonials

It is essential for nervous patients to have a dentist who listens and is caring of people who are very nervous and understands the need for sedation.

I myself have been lucky enough to find Abi Dental. I feel more relaxed than I have ever been.

Abi doesn't question my need for sedation and also does not subject me to anything I would not like.

Mrs V Gridley

My experience with sedation has been fantastic!

I have been able to have implants, enabling me to get rid of a plate I've had for years.

Without sedation I wouldn't have even considered it.

I would absolutely recommend sedation to any nervous patients – I would also recommend Abi Dental to everyone.

Mr S Bonnett

If you want a dentist who genuinely has your welfare at heart, then meet Abeer Al-Adhami (known as Abi), owner of Abi Dental in Sutton.

Abi launched the dental practice in August 2007 with the aim of offering the kind of boutique American dental centre rare in the UK.

Abi and her team were at the vanguard of launching a different type of practice – one that not only offered all-round general dentistry from fillings to root canal treatments, but which also offered cosmetic dentistry, facial aesthetics (dermal fillers) and even intra-venous sedation for those with a dread of going to the dentist.

But what really sets her apart is her desire to help her patients relax and feel at home.

"I treat patients in the chair as I would expect to be treated myself. I see them as if they were my mother, father, brother or sister and treat them accordingly.

"I want to offer them genuine, honest, straightforward advice and treatment that's right for them. In some cases if a certain treatment is requested but not necessary or in the patient's best interest, I would always advise against it."

The desire to put patients at ease starts the moment they step through the door. This bright, modern practice boasts state-of-the-art facilities and technology.

Abi says: "From the very first moment that you contact Abi Dental, we promise that we will do our very best to make you feel comfortable, relaxed and above all, involved in the care of your dental wellbeing.

"If you are a nervous patient, then we are definitely the right surgery for you, as we offer in-house IV sedation, which enables anxious patients to undergo dental treatment without any of the phobias and fears they may have experienced in the past.

"Let us change your perception

Abeer Al-Adhami, the owner of Abi Dental in Sutton, talks to **Tamasin Coates** about the range of services patients can expect



For more details visit
abidentaluk.com

"I treat patients in the chair as I would expect to be treated myself"

Abi Al-Adhami

of going to the dentist for the better."

New patients are sent a Welcome Pack introducing them to the practice. The first consultation is FREE and is all about getting to know the patient, building a professional and friendly relationship.

This appointment is essential for every patient, especially the nervous or dental phobic patients as it enables them to visit the practice and meet the

team with no obligation, allowing them to realise that we are NOT your average dental practice.

Abi added: "We offer a bespoke, professional, friendly service in a calming atmosphere.

"Patients thoughts and concerns are listened to – we always empathise with them and they are involved with the treatment choices and options open to them."

Making up the rest of the team are Riz Syed, who specialises in dental implants, practice manager Shelley Foster, Liz Salter, dental hygienist, qualified nurses Carly Driver and Diana Strachinescu and reception manager Kim Armstrong.

"I am blessed to have such a great team of people working for me," says Abi.

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15% OFF
any treatment* - with this advert

- General dentistry
- Six Month Smiles (short term adult orthodontics)
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* Excludes dental implants. Offer expires end of October. T's & C's apply.

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KINGSTON
GRAMMAR SCHOOL

Independent and co-educational for ages 11 - 18 years



A LEVEL FORUM 6TH FORM INFORMATION EVENING

NO BOOKING REQUIRED

Tuesday 8th October 2013
7.30pm



GROUP TOURS

BOOKING REQUIRED

Friday 11th October
Wednesday 16th October
Friday 18th October
Wednesday 6th November
Tuesday 12th November
Friday 15th November



All tours start at 9.40am, refreshments from 9.15am.
Please call Suzi Blunstone on 020 8939 8822

www.kgs.org.uk

020 8546 5875

enquiries@kgs.org.uk

Advertisement Feature

LEARNING FOR LIFE

TO ADVERTISE IN THIS FEATURE CALL 020 8722 6450

Encouraging independent thinking in its students

Kingston Grammar School is a co-educational, academically selective school.

Located on the edge of Kingston town centre, with a stunning 22-acre sports ground opposite Hampton Court Palace at Thames Ditton, the school and sports ground can be reached from a wide area by public transport and from September there is a school bus from Chiswick for those with no direct service.

Kingston Grammar offers your son or daughter a broad and multi-faceted educational experience – opening as many doors as it can, making them aware of the options available, encouraging them to be curious and independent minded so that they move on from school with confidence in their own abilities and the skills to make their way in an increasingly competitive world.

In addition, there is a strong pastoral support framework which runs throughout the



school and ensures that those joining settle quickly and happily into the day-to-day routine.

The school community works together to encourage the highest aspirations and promotes independent thought; pupils are given the opportunity to develop their own ideas and skills, deepening their knowledge and

understanding of curriculum subjects. Alongside this, its rich and diverse co-curricular programme provides a variety of ways for pupils to develop and showcase their talents. It is very much part of the local community and pupils regularly take part in events which support a variety of organisations and charities. Visit www.kgs.org.uk



The Beacon Sixth Form

Achieving together - leading the way



OPPORTUNITIES EVENING

Tuesday 8th October 2013

6.30 p.m - 9.00 p.m

Come and be part of our rewarding, successful and enriching Sixth Form which offers:

- A wide variety of courses, providing personalised learning pathways including AS/A levels and BTECs
- Academic 1-to-1 tutoring
- Excellent enrichment opportunities including RAG Week, Debating Team, sports clubs and Duke of Edinburgh Award

Do you want to achieve success in a welcoming, dynamic and supportive environment?

If so, The Beacon Sixth Form is the place for you.

For information visit our website at www.thebeaconschool.co.uk
Contact us on 01737 359103 or email: info@thebeaconschool.co.uk

Please join us for an excellent opportunity to meet the Sixth Form Team and discuss future aspirations.



Rosebery School

"Where Every Girl Excels"

You are warmly invited to our

Open Evening and Open Mornings



Open Evening

Wednesday 16th October 2013 from 6.00pm - 9.00pm

Headteacher's address at 6.15pm, 7.00pm, 7.45pm and 8.30pm
Tours will be available throughout the evening

Open Mornings

Tuesday 15th, Monday 21st and Tuesday 22nd October 2013

from 9.00am - 11.00am

Tours will be available at 9.15am

Headteacher's address will be at 10.20am

Sixth Form Open Evening will be Thursday 24th October 2013
from 7.00pm - 9.00pm

Our prospectus is available online from
www.roseberyschool.co.uk

Rosebery School, White Horse Drive, Epsom, Surrey KT18 7NQ
Telephone 01372 720439

Parking is not available at the school or in White Horse Drive.

Support for sixth formers

Ashcroft Technology Academy in Putney, is building on its strengths as an Ofsted "outstanding school" with an even higher success rate in public examination results.

Its sixth form is housed in a modern centre where students can continue their education in a technology-rich, supportive, university-style environment with excellent resources.

This, combined with high quality teaching and learning and an excellent progression rate to higher education, provides students with a first-class learning environment.

Contact Louise Melchior, Sixth Form Admissions, on 020 8877 0357 or visit www.ashcroftacademy.org.uk/sixthform

LEARNING LIFE

TO ADVERTISE IN THIS FEATURE CALL 020 8722 6450

Advertisement Feature

Reap the rewards of study at Roehampton

The University of Roehampton believes in the power of education to transform lives and communities and staff share a passion for the highest quality of scholarship.

If you have the talent and academic ability you will reap the rewards from studying at Roehampton.

The university offers part-time and full-time programmes as well as distance learning and short courses.

Discover a learning experience that fits your lifestyle, interests and career goals.

Visit the university's website to find out more about what courses it offers on its beautiful, historic campus in SW15.

The university has excellent facilities and its graduate employment rates are among the best in London, with around 90 per cent of its students in work or further study within six

months of graduation.

It also has a number of scholarships and bursaries available for good undergraduates.

Find out more about Roehampton at www.roehampton.ac.uk or contact 0208 392 3232 or enquiries@roehampton.ac.uk

Its next open days are on October 12 and November 16.

Go to www.roehampton.ac.uk/student-life/open-days to book a visit.



Hey, Presto! is holding an open day!

This Saturday, all children aged seven to 12 are invited to Presto! Performing Arts' free open day at the Sutton Life Centre in Alcorn Close, Sutton.

From 1.30-4.30pm, students will benefit from an hour's tuition in each discipline; acting, singing and dancing.

"In dance, students learn a wide range of genres from ballet to street, working on technique, flexibility and musicality," explained co-founder, principal and drama teacher Rhiannon Ray.

"In singing, harmonies, solo singing and one-to-one tutorials are explored, and in acting, students study a wide range of techniques from Stanislavski to Shakespeare, building on confidence and improvisation."

After training in musical theatre at Chiswick's Arts Educational Schools and Guildford's Performance Preparation Academy, Rhiannon gained a diploma in teaching Drama & Theatre Studies (Distinction) and has taught performing arts to children for the past six years.

"Each term our students work towards a full-scale performance," said Charlie Hazell, co-founder of the school.

"And we enable students to take recognised exams in both street dance and LAMDA (drama); offering one-to-one tuition delivered by industry professionals."

Want to become a professional performer? Presto! is proud to be affiliated to Spotlight Children & Young Performers directory, the UK's leading casting database, building a professional platform for budding performers.

For more information visit www.prestoperformingarts.co.uk, email prestoperformingarts@live.co.uk or phone 020 8296 0554 or 07525 456736.



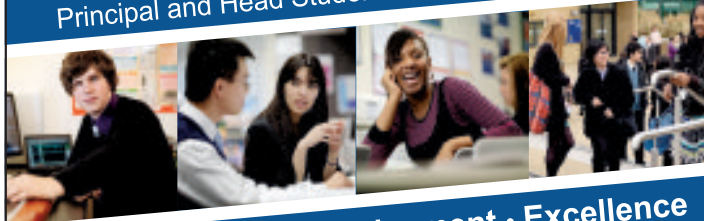
**Ashcroft
Technology
Academy**



SIXTH FORM OPEN EVENING

Thursday 10 October 2013 6.20-8.00pm

Principal and Head Student Address 6.30pm



Choice • Diversity • Enjoyment • Excellence



The sixth form at Ashcroft Academy provides excellent opportunities for suitably qualified and motivated students to succeed in a technology-rich, stimulating and supportive environment

We offer an extensive programme of :

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The International Baccalaureate Diploma

BTEC Nationals in Performing Arts and Music

We look forward to seeing you

2013 successes :

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IB
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global average

BTEC
100%
Distinction*
Distinction

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email sixthforminfo@ashcroftacademy.org.uk
website www.ashcroftacademy.org.uk/sixthform

Sutton Life Centre
Presto!
Performing arts
FREE OPEN DAY
ALL CHILDREN AGED 7-12
SAT 5TH & 12TH OCTOBER
www.PrestoPerformingArts.co.uk



Sixth Form Open Evening

Tuesday 8th October 2013
From 6pm – 8pm

Results

- 39% of all entries were A* - A grades.
- 68% of all entries were A* - B grades.
- 90% of all entries were A* - C grades.
- No U grades were awarded

Quotes from our Sixth Form students

"There is a lot of support in the sixth form both academically and spiritually. It's a very welcoming environment."

"Sixth form is all about having freedom to learn more about yourself as well as becoming more disciplined in your studies."

"I feel appreciated as a young adult for the first time"

100% pass rate in all BTEC subjects.

Please use the Shorts Road entrance and make your way directly to the Marie Thérèse Hall.

If you have any questions, please contact:
Mrs. Snowden or Mrs. Crisp on 020 8642 2025

St Philomena's Catholic High School for Girls, Pound Street, Carshalton, Surrey SM5 3PS.



Parents and children are warmly invited to our
Open Evening

Thursday 10th October 2013
6.00 - 9.00 pm

The Headteacher, Alex Russell, will talk in the Lanham Hall at 6.00 pm and 7.00 pm. We look forward to welcoming you!

If you wish to see the school at work, we will be holding tours on Monday 14th and Tuesday 15th October at 9.00 am. Please contact us to book a place.

Ruxley Lane, West Ewell, Surrey KT19 9JW

Tel : 020 8974 0400

Email: info@eehs.surrey.sch.uk

ADVERTISEMENT



What should I feed my cat?

There is a vast choice of cat food available so how do you know which is best for your cat?

The first thing you should look for is a complete food. A complete food is one which provides all the nutrients your cat needs in the correct proportions which means that you need not feed anything else. Be careful when looking at small tins and pouches as although these look very appealing they may not be complete and should only be fed as an occasional treat, as these do not provide your cat with all his nutrients.

Cats' nutritional requirements change throughout their lives, so choosing an appropriate life stage food is important. Growing kittens will need different food to adult

A food with omega fatty acids will help promote healthy skin and a silky coat.

cats. A kitten's growth rate is around 15 times that of the human baby, so they need a good quality kitten food with high levels of protein and energy for the first 12 months of their lives to support this rapid phase of growth. At around 1 year your cat will reach adulthood. Adult foods are available in both wet and

dry formats. An advantage of dry food is that after you have measured out your cat's daily portion, it can be left down all day so that your cat can visit and feed whenever he wants. This behaviour, known as free feeding, replicates the way cats' ancestors would have fed in the wild and is favoured by a lot of our pet cats.

Senior cats also have their own specific needs, so at around 7 years of age, as cats start to show signs of aging, move them to a senior food.

One with a joint support system will help them to stay active and lower phosphorus levels help to protect the kidneys.

What about the lifestyle of your cat? Every cat is different and has their own individual requirements. Perhaps your cat lives inside; choose a Housecat food that is formulated with fewer calories and protein than standard adult food, to help prevent weight gain. Highly digestible ingredients will keep stool output low while the addition of natural clay absorbs odours, keeping the litter tray smelling more pleasant.



Cats can spend around 30% of their waking hours grooming, and hairballs can form from the hair that is ingested. These are often regurgitated, which is unpleasant for the cat and owner and occasionally even need to be removed by surgery. In the James Wellbeloved hairball formulation we use natural cellulose to help trap the swallowed hair and carry it through the digestive system.

Cats often suffer from oral health problems. Bacterial build-up on the teeth leads to the formation of plaque and tartar and can also

cause bad breath. As cleaning a cat's teeth can be difficult to say the least, the special size and shape of Oral Health kibble mimics the effect of tooth-brushing, helping to reduce plaque.

Some cats have a tendency to become overweight so a Light Food is

Cats can spend around 30% of their waking hours grooming!

a good choice for these cats. Light foods have around 15% fewer calories than standard adult foods and have higher levels of protein and reduced level of fat to encourage the loss of body fat while retaining the lean body mass of the cat. Cats need to lose weight gradually so always ask your vet for advice before starting a weight loss program. Each cat is an individual so choose a food which suits your cat's life stage

Every cat is different and has their own individual requirements.

and lifestyle. Look for a Premium food with good quality ingredients and added benefits such as prebiotics to encourage beneficial gut bacteria and natural antioxidants to help support the immune system. Providing a good diet is the first step to a long and healthy life for your cat. If you need more advice visit your local specialist pet retailer or visit our website:

www.wellbeloved.com

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Special Offer

Would you like to try James Wellbeloved?

Visit www.wellbeloved.com/trycat

For your free 300g bag*

Plus a £3 off voucher against a 1.5kg or larger bag.**

*Limited to first 2500 sign ups. **Terms and conditions apply.

For full terms and conditions visit www.terms.wellbeloved.com

ART

Love Wimbledon has teamed up with arts organisations and creative people to bring arts into Wimbledon town centre this autumn.

● **ArtShed; Piazza; weekends until October 6; free; lovewimbledon.org. Wimbledon Bookfest; various locations; until October 13; wimbledonbookfest.org.**

MUSIC

Folk-rockers the Levellers perform a rare acoustic show as they celebrate 25 years together.

● **The Levellers (acoustic); Fairfield Halls, Park Lane, Croydon;**

GOING OUT OF TOWN?

October 17, 8pm; £19.50; 020 8688 9291, www.fairfield.co.uk.

THEATRE

Sam Attwater, former Dancing on Ice champion and EastEnders actor, stars in Seven Brides for Seven Brothers.

● **Seven Brides for Seven Brothers; New Wimbledon**

Theatre, the Broadway; October 7 to 12; £12.90 - £38.90; atg tickets.com/wimbledon.

The Various Lives of Infinite Nullity is a visual poem to the dead, damned and an absurd take on religious morality.

● **The Various Lives of Infinite Nullity; Battersea Arts Centre, Lavender Hill, Battersea; October 7-12, doors open 8.45pm; £12; visit bac.org.uk or call 020 7223 2223.**

Vibe

epsomguardian.co.uk/vibe

Young stars playing Peter Pan and Wendy will miraculously fly away to Neverland to fight pirates, meet mermaids and play with lost boys in Epsom's Christmas panto, writes Alice Foster.

But behind the scenes, a lot of effort goes into creating the aerial effects and there will be a team of eight people controlling the wires and expensive equipment that will allow the cast to fly.

Producer John Spillers, who owns Spillers Pantomimes, says they have to make sure child actors are not scared of flying and know

how to move the right way. Spillers says: "It's got to look right. You can't have people flying willy-nilly. You have got to do it properly."

"Kids need to really believe they are flying. You can't just string a kid up and hang them up like a piece of meat."

The production of Peter Pan, supported by the Epsom Guardian, opens at the Epsom Playhouse in December.

The cast of professional actors,

singers and dancers is headed by children's TV star Martin Clark as Peter Pan and Mark Sell as the evil Captain Hook.

There will be a revolving set, moving between the pirate ship and Neverland, and lots of cinematic projections.

Spillers says his company has come to Epsom each Christmas for about a decade and the audience always has high expectations.

He says: "It's our creme de la creme. It's the nearest theatre to the West End we do and we try to make it the best that we can."

He says the child actors, who play lost boys and

other characters, all need licenses, adding:

"They can't go from the dressing room to the stage without a chaperone watching them."

□ **Producers are searching for a girl aged six to nine to play Tinker Bell who will be filmed flying in a harness. The film of Peter Pan's right-hand fairy will then be integrated into the panto.**

Anyone interested in auditioning should send a photo and note outlining why they think they should be Tinker Bell to the producers.

Email bev.berridge@btinternet.com by Friday October 11.



Picture: Steven Peakett

PETER PAN

● **Epsom Playhouse, Ashley Avenue, Epsom; December 13 to January 5 £11 to £18.50; 01372 742555, epsomplayhouse.co.uk**

OFF TO NEVERLAND

CRIMEREPORT

Murder investigations are anything but elementary according to a seasoned crime detective who is giving a talk on the history of murder squads.

David Chave retired from Surrey Police in 2010 after working on more than 80 major crime investigations including armed robberies, rape series, terrorist bombings, shootings by police and blackmail.

During 30 years in the police force in many different roles, Mr Chave spent time as a custody sergeant in Epsom and investigated murders in the area.

He is now returning to give a talk on the history of homicide investigation at Bourne Hall, in Ewell, next month.

Mr Chave says: "We love murder mysteries. Our interest is fed by numerous television detectives and Crime Scene Investigators

(CSI) solving crimes in 60 minutes.

"The literary world has a plethora of fictional detectives and enthusiastic amateurs solving the most body littered crimes of serial murderers in the most genteel of villages."

● **Murder Squad: A talk on the history of Homicide Investigation; the Begonia Room, Bourne Hall, Spring Street, Ewell; October 11, 7.30pm; £8; david.chave.co.uk, 020 8786 7265.**



DAVID CHAVE

TOP TRIBE: A lively, fun and colourful dance production based on a story of powerful tribal dynamics is coming to the Leatherhead Theatre. Love, envy, friendship, anger and lust all come together in For The Love of Hawazian Husna. Zulu tribal elders and graceful dancers from all walks of life will feature in this fusion dance performance, aiming to celebrate local dance and lyrical theatre. BellyFunk Fusion Dance will showcase a variety of musical genres including the Iranian violin and Asian flute in this one-off show. The production will raise money for the NRAS and Lupus UK charities.

● **For the Love of Hawazian Husna; Leatherhead Theatre, Church Street, Leatherhead; October 12, 7pm; £7.50; call 01372 365141; visit theleatherheadtheatre.org.**

OLD WARES: If you're a lover of all things vintage, pop down to an antiques fair at Bourne Hall. The fair will offer a wide variety of wares, from militaria and silver, to glass and jewellery.

● **Antiques and Vintage Fair;**

Vibe SHORTS

Bourne Hall, Spring Street, Ewell; October 12; 10am to 4pm; £2; call 07780 111953; visit panamafairs.co.uk.

GOOD GRUB: For a selection of fresh local produce, head over to Epsom's monthly farmers' market. The goods on offer will include fresh meats, sausages, pies, poultry and game, eggs, fish, vegetables, fruit and herbs, freshly-baked breads, cheeses, cakes and seasonal plants. Held on the first Sunday of each month, visitors are advised to get there early to get the best bargains from the 40 stalls.

● **Epsom farmers' market; Epsom Marketplace; October 6, 9.30am to 1.30pm; call 01372 236357; visit carolyne@surreymarkets.co.uk.**

Vibe

INSIDE: Pizza the action p26 Perfect posture p27



FOR MORE ON THESE AND OTHER STORIES VISIT epsomguardian.co.uk/vibe



GUYS AND DOLLS

GENDERROLES

Hit Broadway musical *Guys and Dolls* are swinging into town with an operatic twist.

The performance will follow the story of sergeant Sarah Brown, who is involved in charity mission work; Adelaide, a showgirl desperate to leave her seemingly glamorous lifestyle for a white picket fence and roses round the door; Nathan Detroit, who is always trying to keep one short step ahead of the law; and the coolest, highest roller of them all, Sky Masterson, who would bet on anything which could turn him a profit.

The Epsom Light Opera Company (ELOC) will be

performing the show, which first appeared in New York in 1950 and has had several revivals on Broadway and in London, as well as a film adaptation starring Marlon Brando and Frank Sinatra. It has won a Tony Award and the Pulitzer Prize for Drama.

ELOC was founded in 1985 and performs twice a year at the Epsom Playhouse, alternating between light opera and musicals.

● **Guys and Dolls;** Epsom Playhouse, Ashley Avenue, Epsom; October 15 to 19; 2.30pm and 7.30pm; £14; call 01372 742555; visit epsomplayhouse.co.uk.

Fired up for PIZZA

WHERE:

Head to Il Ponte, in Derby Square, Epsom; or the Neapolitan Kitchen, in Ewell High Street; Grandpa's Pizzeria, in Kingston Road, Ewell; or Il Capriccio in Epsom High Street. There is also Zia Vitalia in The Street, Ashted; and Piazza Firenze, in Leatherhead High Street; which offer pizzas among its menu. Chain restaurant Pizza Express can be found in South Street, Epsom; and Banstead High Street; and there is an Ask on Epsom High Street.

I am perhaps quite remarkable in this day and age – what you may call a pizza novice. A pizza rookie if you like. Sure, I have dabbled in some tomato-based frivolity, but I still consider myself to be very much a no dough kind of guy, writes Tom Ambrose.

So I must admit I was apprehensive when asked to write about the subject of pizza.

Then I thought, hang on – this could be an opportunity for me to find out more about this flexible food that has, for much of my life, passed me by.

I went to Bakhtiar Shirazi, manager of Italian restaurant Osteria Pulcinella in Twickenham, to learn more.

He tells me that at his restaurant, one choice was particularly popular.

He says: "We serve a pizza

called Pizza Americano and it is our best-seller at Osteria Pulcinella.

"It has your traditional ingredients of cheese and tomato as well as pepperoni sausages and chilli peppers on top.

"So many people seem intent on killing their pallet by over-loading their pizzas with too much.

"If you stuff it with too much cheese or put so much on top that you can barely pick it up in your hand, you are definitely doing something wrong."

So for someone like me, I ask, who will refuse a take-away pizza on a Saturday night, is there any recipe that might take my fancy?

Bakhtiar suggests I try his personal favourite the next time I pass by his Church Street restaurant.

"For me, the perfect pizza is a light pizza with-out too much going on," he says.

"My particular favourite is a blend of anchovies, capers and olives. Lots of people like pineapple with their pizzas but for me, it is not something that appeals."

I tell him I have tried a few different styles, but they had done little for me.

How about a more unusual type of pizza? What about a base that is not afraid to "break the rules"?

He says: "Some people quite like a mix of parma



ham, rocket leaves and mozzarella.

"To me, that is a little out of the ordinary."

In answering the age-old question of does a healthy pizza exist, Bakhtiar says: "Now that is a very good question and the answer is that pizza is flexible and personal to the customer."

"Anyone can make a pizza into anything they want."

"You can have pizza with more healthy ingredients such as potatoes of course."

"But the real answer is just to keep it simple, not overload with cheese and to not have too much of a good thing."

I am still a pizza-sceptic but from this conversation with Bakhtiar, my mind has been broadened to try new and unusual flavours, instead of avoiding them in favour of a margherita.



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THIS WEEK:

HIGHLIGHTS:

OCT			
Thu 3	The Road to Nowhere by Sean Cook	AT	Play
	The Comedy Network	AG	Comedy
Fri 4	In Celebration of Our Culture - Black History Month	CH	Black History Event
	The Road to Nowhere by Sean Cook	AT	Play
Sat 5	A Late Quartet (Cert 15)	CH	Film
	The Road to Nowhere by Sean Cook	AT	Play
Sun 6	Essence of Ireland	CH	Music / Dance
Tue 8	Ylka Istrefi	CH	Lunchtime Concert
	The 25th Annual Putnam County Spelling Bee - Starring Darren Day	AT	Musical
Wed 9	Gotta Sing Gotta Dance	CH	Music / Dance
	The 25th Annual Putnam County Spelling Bee - Starring Darren Day	AT	Musical

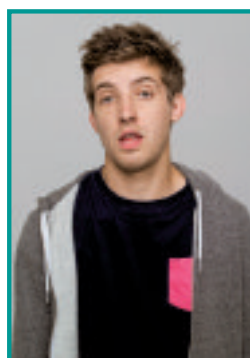
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Music: Think Floyd Live In Concert
11 October



Classical Music: London Mozart Players
10 October



New Comedy Cabaret: The Comedy Network
3 October



Theatre: Teachers By John Godber
10 - 12 October

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Finding a BALANCE

Yoga a go-go

Bikram yoga, known for being a high-temperature celebrity exercise fad, is available to locals in Epsom.

Hot Yoga Epsom runs yoga in a room heated to a sweltering 40C. **Hot Yoga Epsom; Epsom High Street; Visit hotyogaepsom.com; call 01372 748822.**

Dahn Yoga derives from an East Asian understanding of life energy, but it is also practised much closer to home.

Epsom Dahn Yoga Centre aims to develop self-awareness and improve the circulation through stretching, martial arts and meditation.

Epsom Dahn Yoga Centre, in Depot Road; Visit epsom@bodynbrain.co.uk; call 01372 743 991.



Men and women across the country are bending over backwards to keep fit as yoga classes become more popular than ever before, writes *Laura Proto*.

Originating in India more than 5,000 years ago, yoga is a form of exercise that focuses on strength, flexibility and breathing techniques to give a boost to your physical and mental wellbeing.

The exercise is becoming ever more popular among younger people and even those who do not partake in the exercise will recognise the traditional postures, which include the tree, downward facing dog and the warrior.

Slavica Dummer, who lives in Kingston, has been

teaching yoga privately since 2004 and said its popularity is increasing because people have developed, and want to understand and connect with, their inner beings as well as others around us.

Along with being good for your health, there is scientific research to suggest doing yoga regularly is beneficial for people with high blood pressure, heart disease, back pain and stress.

Dummer says: "Yoga is a way of life and, therefore, suitable for all ages, and can be adapted to seniors, prenatal, postnatal women, for infants and kids. It can be slow and gentle or vigorous and aerobic to match most personalities and individual needs."

"There are some 84,000 postures and variations and so many different styles of yoga that it never can be boring."

Through the years, a number of different styles of yoga have been developed with classes now available for people of all ages and

fitness abilities.

Popular among younger people is Bikram yoga, which was developed in the 1970s by Bikram Choudhury.

The classes are taught in a room at a temperature of 105F and 40 per cent humidity.

Also known as hot yoga, Bikram is a great way for beginners to be introduced to yoga as there are only 26 Bikram poses and two breathing exercises, typically delivered in a 90-minute session.

Dummer says the purpose of hot yoga is to help warm up the muscles, allow for a

deeper stretch and help detoxify the body through the release of toxins in your sweat.

"There are some 84,000 postures and variations and so many different styles of yoga that it never can be boring."



Roman ABOUT

It seems far-fetched now but flamingos' tongues, snails fattened on milk and roast dormice were once considered the height of good taste.

A woman playing a Roman cook is set to introduce these former delicacies, which used to tickle the palates of the Romans, to children at a museum kids' club.

She will demonstrate her skills in the kitchen and there will be an opportunity for youngsters to make their own Roman delicacy at Bourne Hall in Ewell.

The cook will also explain that away from the Roman banquets and fine dining, normal fare for poor Romans was soup, vegetables and course bread.

Bourne Hall Museum Kids' Club is suitable for children aged eight and over.

Revoltng Romans; Bourne Hall Museum Kids' Club; Bourne Hall, Spring Street, Ewell; Saturday, October 12; 1pm to 2.30pm; £4; 020 8394 1734; dbrooks@epsom-ewell.gov.uk.

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THANKS FOR SHARING (15)
13:10, 18:10, 20:40

SUNSHINE ON LEITH (PG)
Fri & Mon-Thurs:
13:20, 15:30, 18:00,
20:20
Sat & Sun: 11:00,
13:20, 15:30, 18:00,
20:20

FILTH (18)
15:40, 20:40

HOW I LIVE NOW (15)
13:30, 15:50, 18:10,
20:30

PRISONERS (15)
13:40, 16:50, 20:00

RUSH (15)
Fri & Mon-Thurs:
13:00, 17:50
Sat & Sun: 17:50

RUNNER (15)
15:40, 20:50

JUSTIN AND THE KNIGHTS OF VALOUR (PG)
20: Fri & Mon-Thurs:
15:40
Sat & Sun: 11:00,
15:40

PLANES (U)
20: Sat & Sun: 10:50,
13:00

WHITE HOUSE DOWN (12A)
12:50, 17:50

EMPIRE (PG)
ALL TICKETS £1

THE CROODS (U)
20: Sat & Sun: 11:00

EPIC (U)
20: Sat & Sun: 11:00

EMPIRE SCHOLARS
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Wed: 11:10

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14:00, 17:00, 20:00
FRI 22ND NOVEMBER -
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JAMIE ALLAN - IMAGICIAN

● Fairfield Halls, Park Lane,
Croydon; October 19, 7.30pm; £16
to £18.50; call 020 8688 9291 or
visit www.fairfield.co.uk.

Tablet MAGIC

If you thought an iPad was just for tweeting, Facebooking, surfing the net and online shopping then you may have to think again, writes Andy Bloss.

Jamie Allan puts a whole new spin on how to use the gadget in his new show iMagician.

Having performed around the world for 10 years, Allan brings his debut national tour to the UK where he blends technology with magic and illusion all enhanced through cutting-edge projection and sleight of hand.

The magician has worked alongside and designed effects for stars such as comedian Tim Minchin, Sting, Blue, Leona Lewis and Jools Holland.

Allan has also helped out with campaigns for Mercedes where he makes a new Mercedes A class appear from thin air, he has also vanished and reproduced a Robinson R22 helicopter live on stage.

The 36-year-old has done plenty of shows in America and Europe and hopes to take his new show to Las Vegas next year.

He says: "We are putting the finishing touches to the show at the moment as it

requires a lot of work and preparation.

"Some of these sequences, which last about two minutes, have taken two years to get ready. It was a bit of a nightmare at times, especially using four iPads at the same time.

"What I am trying to do is use to our advantage the same technologies that are making some magicians obsolete. We have some amazing illusions with high-powered laser beams, flat screens, voice recognition and virtual assistants.

"We wanted to do this new show and we are really excited about it as over the past five or so years I have been working with this new technology. "I did a trick 15 years ago where I would make objects appear and disappear on a TV set so I have always been interested in this kind of thing.

"I love sleight-of-hand magic so what I also try and do is have lots of small cameras around me to film what I am doing so people can see it on screen around the stage.

"I want to use technology to enhance the magic and I want to do magic with the technology so it goes hand in hand."

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LETTINGS & MANAGEMENT

Empty nest syndrome is a thing of the past

Almost a third of parents have an adult child living at home



A typical Taylor Wimpey development in the south east aimed at young buyers

Helping first-time buyers make the move with a range of Taylor Wimpey solutions

According to one housebuilder now is the ideal time for fed-up parents to help their children finally fly the nest.

Under the Government-backed Help to Buy scheme, first-time buyers can secure a new Taylor Wimpey home for 80 per cent of its full price – including a deposit for as little as five per cent.

Jason Stokes, regional sales and marketing director for Taylor Wimpey South East said: “One of the reasons we suspect many adults are still living with their parents is because they assume that home ownership is simply out of the question, either because they think they have to save a

huge deposit or because they believe they can’t afford the repayments on a mortgage – or both.

“Taylor Wimpey offers a range of solutions to enable would-be homebuyers to step on the property ladder with only a five per cent deposit.

“For parents who are keen to get their grown-up kids out from under their feet, this may well be considered a price worth paying.”

Under the Help to Buy scheme, eligible first-time buyers receive a 20 per cent equity loan from the Government towards the cost of their new Taylor Wimpey home, meaning they only

require a five per cent deposit and a 75 per cent loan-to-value mortgage. The initiative is available on new-build properties up to the value of £600,000 and there is no salary cap for customers taking advantage of the scheme.

Help to Buy is also available to purchasers with a property to sell.

Alternatively, the NewBuy incentive enables credit-worthy buyers to secure their new home with a 95 per cent mortgage.

For more details about Taylor Wimpey developments call 01732 836000 or visit www.taylorwimpey.co.uk/southeast

The lack of affordable housing in Britain is increasing the emotional and financial burden on parents as their grown-up children can no longer afford to move out, new research has revealed.

A ComRes poll of more than 1,100 parents with adult children aged 21 to 40, conducted on behalf of the National Housing Federation, found that:

■ Three out of 10 parents have at least one adult child aged between 21 and 40 living at home.

■ Two-thirds of parents with at least one adult child living at home say they are doing so because they simply can’t afford to move out.

■ Nine out of 10 parents with grown-up children believe there is not enough housing in Britain that people can afford.

While a quarter say having grown-up children living at home had brought their family

closer together, other parents were not so positive. A fifth say having a grown-up child living at home has caused them stress, and a further fifth say it had caused family arguments.

One in 10 parents say having a grown-up child living at home has caused them to fall into debt.

Parents in higher income brackets are more likely to have at least one grown-up child living at home. More than a third of parents, with grown-up children with a household income of more than £30,000, have at least one of their adult children living at home, compared to a fifth of parents with adult children with a total household income of £30,000 or less.

More than a third (41 per cent) of parents with at least one adult child living at home say they are doing so because the cost of living away from home is

too high, while a further fifth (22 per cent) say they are living at home while they save up for a deposit.

National Housing Federation chief executive David Orr, said: “Empty nest syndrome is becoming a thing of the past. Rather than waving their children off as they grow up and move out, parents are stuck with kids in their 30s still living at home. Moving out and setting up a family home of your own is a normal rite of passage. Yet as rents, mortgages and deposits continue to soar out of reach, it is no longer an option for many.

“We’re delaying adulthood for grown-up kids who are left stuck in their childhood bedrooms.

“Parents are also trapped, unable to move on with their lives and benefit from the freedom which comes when their sons and daughters move out.”



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Worcester Park £765,000 Stoneleigh 020 8393 9411

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- Three Bathrooms
- Kitchen / Breakfast Room & Utility Room
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- Kitchen/Breakfast Room & Utility Room
- Highly Desirable Location
- Downstairs Shower Room
- Three Reception Rooms
- EPC Rating C



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- Loft Room
- Two Reception Rooms
- EPC Rating E



Epsom £625,000 Epsom 01372 745 850

- Four Bedroom Detached Home
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- Clarendon Park Location
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- Conservatory
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- Modern Kitchen/Diner
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- EPC Rating D



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- 75 Ft Rear Garden
- Open Plan Kitchen/Living Room
- Detached Double Garage
- Master Bedroom with Ensuite
- EPC Rating D



West Ewell £299,950 Ewell 020 8394 1234

- Three Bedroom Semi Detached Home
- 50ft Rear Garden
- In Need of Modernisation
- Parking & Detached Garage
- Potential to Extend STPP
- EPC Rating E



West Ewell £239,950 Ewell 020 8394 1234

- Ground Floor Maisonette
- Garage & Parking for 2 Cars
- Two Double Bedrooms
- Long Lease
- 35 x 25 Rear Garden
- EPC Rating C

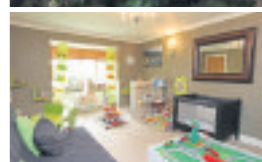
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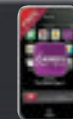
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- Detached Double Garage
- Larger Than Average Plot
- No Onward Chain
- Key School Catchments
- E.P.C. Rating C

Tadworth

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- Stunning Lime Group Detached
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- Kitchen/Dining/Family Room
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- No Onward Chain
- E.P.C. Rating E

Tadworth

My Fair Property £599,950



- Four Bedroom Detached
- Corner Plot Of Cul-De-Sac
- Beautifully Finished
- En-Suite To Master
- Kitchen/Breakfast Room
- Sun Room/Conservatory
- Vendor Suited
- E.P.C. Rating D

Epsom

Wallace Fields Awaits £750,000



- Extended Detached
- Desirable Cul-De-Sac
- Four Double Bedrooms
- En-suite To Master
- Kitchen/Breakfast/Family Room
- Sought-After School
- Vendor Suited
- E.P.C. Rating C

Epsom

In A League Of Its Own £785,000



- Executive Detached
- Clarendon Cul-De-Sac
- Five Bedrooms
- Three Bathrooms
- Four Receptions
- Backs On To Fields
- No Chain
- E.P.C. Rating D

Epsom

Edward The Elegant £875,000



- Detached Edwardian
- Complementary Decor
- Three Floors
- Five Bedrooms
- Two Bathrooms
- Kitchen/Dining/Family Room
- School/Town/Station
- E.P.C. Rating F

Epsom

The House of Woodcote £324,950



- Luxury Apartment
- Period Mansion Building
- Ground Floor
- Double Bedroom
- En-Suite Bathroom
- 20ft Lounge/Dining Room
- Allocated Parking Space
- E.P.C. Rating F

Tadworth

Delightful £489,950



- Four Bedroom Detached
- Established Cul-De-Sac
- En-Suite To Master
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- Village/Station
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- Extension Poss. (Stpp)
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- Three Receptions
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- No Chain
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Epsom

Racing Pedigree £599,950



- Four Bedroom Detached
- Exclusive Road
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- Generous Receptions
- Garage And O.S.P.
- E.P.C. Rating D

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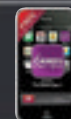
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A Novel Home £595,000



- Detached
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- Lounge/Dining Room
- Kitchen/Breakfast Room
- Modern Fitted Bathroom
- 60ft Rear Garden
- Integral Garage
- Epc Rating: E

Leatherhead

Executive Home £785,000



- Detached
- Five Bedrooms
- Four Bathrooms
- Two Reception Rooms
- Utility & Cloakroom
- Garden & Garage
- Gated Development
- Epc Rating: C

Leatherhead

Three Doubles £335,000



- Semi Detached
- Three Bedrooms
- Through Lounge/Diner
- Cloakroom
- 50ft Front Driveway
- Private Rear Garden
- Cul-De-Sac
- EPC Rating Pending

Ashted

Lift & Location £450,000



- Lift Served Apartment
- Two Double Bedrooms
- Large Lounge
- Balcony
- Kitchen/Diner
- Communal Gardens
- Ideal Location
- Epc Rating: C

Ashted

Plot & Potential £485,000



- Detached Bungalow
- Three Bedrooms
- Reception Room
- Kitchen/Diner
- 63ft Rear Garden
- Garage
- Space To Side
- Epc Rating Pending

Ashted

An Entertaining Home £550,000



- Semi Detached
- Three Bedrooms
- Two Reception Rooms
- Spectacular Kitchen/Diner
- First Floor Bathroom
- Downstairs Shower Room
- 76ft Rear Garden
- EPC Rating Pending

Leatherhead

Two For One £679,000



- Detached
- Chalet Bungalow
- Three Bedrooms
- Open Plan Living
- Self Contained Annexe
- Private Rear Garden
- Convenient Location
- Epc Rating: D

Ashted

Village Door Step £619,950



- Detached
- Four Bedrooms
- Two Reception Rooms
- Kitchen/Dining Area
- Cloakroom
- Side Driveway
- Utility/Storage Room
- Epc Rating: C

Ashted

Share of Freehold £275,000



- Apartment
- Ground Floor
- Two Double Bedrooms
- Lounge/Dining Room
- Kitchen & Breakfast Area
- Garage & Osp
- Pleasant Aspects
- Epc Rating: D

Ashted

Apples & Pears £375,000



- Semi Detached
- Three Bedrooms
- Through Lounge/Diner
- Impressive Kitchen
- Integral Garage & Osp
- Stunning Garden
- Cul-De-Sac Location
- Epc Rating: E

Epsom Branch
(01372) 743033

Ashted Branch
(01372) 221678

cubitt & west

cubittandwest.co.uk

Effingham | £725,000

- Charming detached family home in village setting
- 5 bedrooms, bathroom, shower room, carriage driveway
- Landscaped gardens with summer house

LEATHERHEAD | 01372 240130

EPC - E (46)


Leatherhead | £699,950

- 4 bedroom detached house, town location
- 2 en-suites & family bathroom
- Kitchen/breakfast/sun room, garage & gardens

LEATHERHEAD | 01372 240130

EPC - D (56)


Tadworth | £205,000

- 2 bedroom end of terrace house
- Refurbishment required, garage
- No onward chain

BANSTEAD | 01737 390118

EPC - C (71)


Wallington | £600,000

- Victorian semi detached house
- 5 bedrooms, period features, 4 receptions
- South facing rear garden, Conservatory & cellar

WALLINGTON | 020 8166 5684

EPC - E (48)


Banstead | £550,000

- 4 bedroom detached house, 3 reception areas
- Bathroom & downstairs shower room
- Front & rear gardens, No onward chain

BANSTEAD | 01737 390118

EPC - E (54)


Chipstead | £485,000

- 3 bedroom detached house
- Bonus loft room, bathroom, separate shower room
- Open plan family/dining area, separate lounge

BANSTEAD | 01737 390118

EPC - E (41)


Sutton | Price Range £425,000 - £475,000

- Stunning 4 bedroom period home
- 3 receptions, Wealth of period features
- Convenient location, Beautifully presented

SUTTON | 0208 166 5257

EPC - E (39)


Banstead | £400,000

- 3 bedroom semi-detached house
- Open plan family/dining area
- Cloakroom, lounge, Garage with shared driveway

BANSTEAD | 01737 390118

EPC - E (46)


Sutton | £380,000

- Stunning 4 bed detached house
- Well presented, Driveway for 2 cars
- Close to local amenities, Landscaped garden

SUTTON | 0208 166 5257

EPC - C (71)


Wallington | £325,000

- 3 bedroom end of terrace house
- Garage, off road parking, Cul de sac location
- Popular Apeldoorn development

WALLINGTON | 020 8166 5684

EPC - C (72)


Carshalton | £290,000

- Three bedroom family home
- Off road parking, Large kitchen
- Family garden, Double aspect lounge

WALLINGTON | 020 8166 5684

EPC - D (63)


Leatherhead | £275,000

- 3 bedroom semi-detached house
- 2 Reception Rooms
- Off-street Parking, Fitted Kitchen

LEATHERHEAD | 01372 240130

EPC - D (56)

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~~£250,000~~
£167,500
Tadworth

- 3 bedroom terrace family home
- Large conservatory
- Bathroom, separate toilet, Convenient location

BANSTEAD | 01737 390118

EPC - D (67)


Sutton | £275,000

- Stunning 2 double bedroom apartment
- First floor, Balcony, Well presented
- Garage en bloc, Close to local amenities

SUTTON | 0208 166 5257

EPC - D (67)


Banstead | 01737 390 118
Leatherhead | 01372 240 130

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Dear Seller,

We really hope you are receiving lots of feedback from your agent.

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WHAT YOU NEED TO KNOW - WHEN YOU NEED TO KNOW IT.

Good Luck! – Chris Nathan, Senior Operations Director

PS - If we can help, don't hesitate to call!



Sutton | £265,000

- Superb 2 bedroom terraced house
- Cloakroom, Level rear garden, 2 receptions
- Sought after location, No onward chain

SUTTON | 0208 166 5257

EPC - E (42)



Chipstead, Coulsdon | £249,950

- 2 double bedroom first floor purpose-built apartment
- En-suite shower room
- Two allocated parking spaces

BANSTEAD | 01737 390118

EPC - C (75)



Sutton | £239,950

- Desirable 2 bedroom purpose built apartment
- No onward chain, Spacious accommodation
- Garage, Ground floor, Sought after location

SUTTON | 0208 166 5257

EPC - D (63)

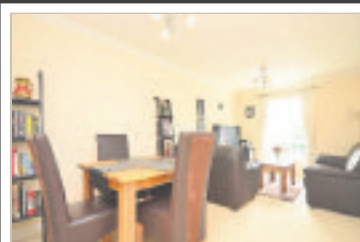


Sutton | £235,000

- 2 bedroom apartment
- Second floor, Allocated parking
- En-suite to master, Close to local amenities

SUTTON | 0208 166 5257

EPC - B (83)



Wallington | £230,000

- Modern luxury apartment, First floor
- 2 double bedrooms, Excellent condition
- Allocated parking space, En-suite shower room

WALLINGTON | 020 8166 5684

EPC - C (72)



Leatherhead | £225,000

- 2 bedroom first floor maisonette
- Private front & rear gardens
- Refitted kitchen, close to local amenities

LEATHERHEAD | 01372 240130

EPC - C (71)



Wallington | £199,950

- 1 bedroom purpose-built flat
- Only 2 years old, First floor, Huge terrace
- Secure parking, Close to High Street & station

WALLINGTON | 020 8166 5684

EPC - D (55)



Sutton | £199,950

- Spacious 2 bedroom purpose built apartment
- First floor, Garage en-bloc, Good internal order
- Sought after location, Communal garden

SUTTON | 0208 166 5257

EPC - D (67)



Sutton | £199,950

- Stunning 2 bedroom ground floor apartment
- Direct access to gardens, Excellent internal order
- Desirable location, Spacious proportions

SUTTON | 0208 166 5257

EPC - D (63)



Sutton | OIRO £170,000

- Stunning 1 bedroom first floor apartment
- Garage & communal gardens
- Close to local amenities, Tree lined road

SUTTON | 0208 166 5257

EPC - D (67)



Wallington | £155,000

- Ground floor purpose-built flat
- One bedroom, Quiet cul-de-sac
- Close to Hackbridge station

WALLINGTON | 020 8166 5684

EPC - C (73)



Sutton | Offers Over £125,000

- Stunning 1st floor studio apartment
- Fantastic condition, Garage on block
- Close to local amenities, No chain

SUTTON | 0208 166 5257

EPC - B (82)



Sutton | 020 8166 5257

Wallington | 0208 166 5684

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Banstead: 01737 850400

Epsom: 01372 724477



Ashted £1,100,000

A beautifully presented six bedroom family house enjoying panoramic views to the rear over the paddocks of Woodcote Stud. EPC = D



Epsom Downs from £625,000

Two brand new four bedroom detached houses situated in a cul-de-sac location and ready for immediate occupation. EPC = A



Epsom £775,000

A Five Bedroom, Four Reception, Three Bathroom versatile Detached property within a walk of Epsom Town Centre and Station. EPC = C



Leatherhead £349,995

A recently extended three bedroom Victorian semi detached house, set on a wide plot, with the benefit of a garage and off road parking. EPC = D



Chipstead £599,950

A 3/4 bedroom mews style property which forms part of a former Victorian school within four acres of grounds. EPC = E



Epsom £607,500

An Extended Character Three Bedroom, Three Reception Detached Property within a walk of Epsom Downs. The vendor is suited. EPC = E



Ashted £349,500

A beautifully presented ground floor, two bedroom apartment on the outskirts of Ashted Village, premier development for the over 65's. EPC = B



Banstead £399,950

An extremely well presented and extended four bedroom semi detached house with garage and off road parking. EPC = D



Epsom £585,000

A Four Bedroom, Two Reception, Two Bathroom Town House located in exclusive private gated development close to High Street and Train Station. EPC = C



Leatherhead £335,000

A spacious three bedroom cottage located in a highly convenient location on the outskirts of Leatherhead town centre. EPC = E



Lower Kingswood £190,000

A two bedroom top floor apartment situated in a modern development close to local shops and within easy access of the M25. EPC = C



Epsom £565,000

A Three/Four Bedroom, Two/Three Reception Semi Detached Property within a short walk of Epsom Town Centre and Station. EPC = E



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Stunning Detached Home; 3 Bedrooms and 2 En-Suites to 1st Floor; Further Ground Floor Bedroom with Family Bathroom; Drawing Room with Stunning Views; Spacious Kitchen/Dining Room; Study/5th Bedroom; 1.8 Acres (STMS); Outdoor Pool; Summer House; Double Garage; Outbuilding; Eco Ground Source Heating; EPC Rating C.



Call Leatherhead

TEA ON THE TERRACE

FETCHAM
£565,000

INSIDE THIS HOME

Luxury Ground Floor Apartment; Private Gated Development; Stunning Grounds and Gardens; Private Patio Area; 2 Spacious Double Bedrooms, Master with En-Suite; Luxury Family Bathroom; Spacious Kitchen with Built In Appliances; Conservatory Open from Kitchen, with Access to Grounds; Formal Drawing Room with Large Bay Window; Walking Distance to Leatherhead Town Centre and Station; Security Entrance System and Lift Service; Barn Style Garage and Visitors Parking; EPC Rating C.



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4 bedroom homes from £690,000 and 5 bedroom homes from £750,000



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Cubitt address: 47 High Street, Banstead, Surrey SM7 2NL

Computer generated images of The Bridleway. Prices correct at time of press.

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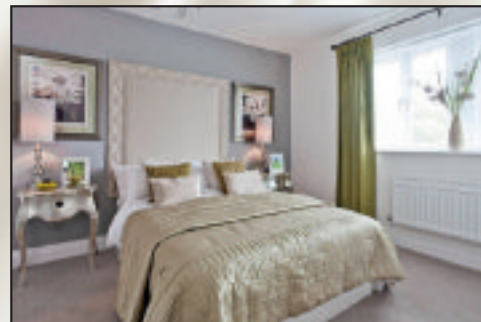
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Last two properties remain at this breathtaking development of nine 3 & 4 bedroom homes offering space from 1493 sq ft. Featuring a luxuriously appointed specification, flexible spacious layouts over three floors and stunning professionally designed kitchens with integrated appliances. Don't miss your chance to live at Banstead's finest new address by joining us to view these fantastic homes today.

Prices from £450,000

Show Home open Thursday to Monday 10am - 5pm

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*Available on selected plots. Photography of Park Wood Mews. Internal images of Park Wood Mews Show Home. Prices correct at time of press.



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Lettings Properties



Ashted DETACHED HOUSE £2600pcm



- Detached House
- Three Reception Rooms
- Fitted Kitchen & Utility
- Two Shower Rooms
- Single Garage
- Rear Garden
- Furnished/Unfurnished
- E.P.C. Rating E

Epsom DETACHED HOUSE £2100pcm



- Detached House
- Four Bedrooms
- Generous Living Space
- Shower Rm & Bathroom
- Parking
- Double Garage
- Garden
- E.P.C. Rating F

Epsom DETACHED BUNGALOW £1695pcm



- Detached Bungalow
- College Area
- Three Bedrooms
- Fitted Kitchen & Bathroom
- Garage & O S P
- Unfurnished
- Rear Garden
- E.P.C Rating D

Epsom AVAILABLE END OCTOBER £1200pcm



- First Floor Maisonette
- Two Bedrooms
- Fitted Kitchen
- Fitted Bathroom
- Sole Use Garden
- Unfurnished
- Walking Dist To Town
- E.P.C Rating E

Epsom SEMI DETACHED HOUSE £1495pcm



- Semi Detached House
- Three Double Bedrooms
- Family Bathroom
- Ground Flr Cloakroom
- Two Receptions
- Kitchen/Dining Room
- Available 26th October
- E.P.C. Rating D

Ewell MODERN TOWN HOUSE £1600pcm



- Town House
- Study
- En-Suite
- Off Street Parking
- Three Bedrooms
- Two Reception Rooms
- Lots Of Storage
- E.P.C. Rating C

Epsom TWO BED MAISONETTE £1100pcm



- Ground Floor Maisonette
- Two Bedrooms
- Garden
- Garage
- Kitchen & Bathroom
- Unfurnished
- Available Immediately
- E.P.C. Rating E

Epsom AVAIL IMMEDIATELY £1000pcm



- End Of Terrace House
- Two Bedrooms
- Kitchen
- Bathroom
- Rear Garden
- Parking Space
- Avail Immediately
- E.P.C. Rating D

Epsom AVAILABLE IMMEDIATELY £850 pcm



- Ground Floor Maisonette
- One Bedroom
- Fitted Kitchen
- Bathroom
- Rear Garden
- Allocated Parking
- Unfurnished
- E.P.C. Rating C

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Lettings Properties



Epsom DETACHED BUNGALOW £1600pcm



- Detached Bungalow
- Three Bedrooms
- Separate VV C
- Open Plan Reception
- Bathroom
- Double Garage
- Rear Garden
- E.P.C Rating D

Epsom AVAIL IMMEDIATELY £2000pcm



- Detached House
- Four Bedrooms
- College Area
- Two Bathrooms
- Kitchen/Breakfast Room
- Wood Burning Stove
- Off Street Parking
- Available Beg September

Epsom LOCATION LOCATION £2295pcm



- Detached House
- Four Bedrooms
- Two Bathrooms
- Large Reception
- Garden & O S P
- Unfurnished
- Avail 1st October
- E.P.C. Rating E

Epsom Downs BEDROOM HOUSE £1100pcm



- Terraced House
- Two Bedrooms
- Lounge
- Fitted Kitchen
- Rear Garden
- Fitted Bathroom
- Close To Epsom Downs
- E.P.C. Rating D

Epsom LOVELY APARTMENT £1275pcm



- Apartment - 2nd Floor
- Lift Service
- Two Bedrooms
- Kitchen Incl Appliances
- Two Bathrooms
- Gated Parking
- Furnished
- E.P.C Rating B

Epsom FAMILY HOME £1500pcm



- Detached House
- Three Bedrooms
- Private Cul De Sac
- Rear Garden
- Off Street Parking
- Kitchen/Breakfast Room
- Ground Flr Cloakroom
- E.P.C Rating C

Epsom TWO BED MAISONETTE £1050pcm



- Ground Floor Maisonette
- Two Bedrooms
- Reception
- Kitchen
- Bathroom
- Sole Use Garden
- Furn/Unfurnished
- Edge Of Town

Epsom GROUND FLR APARTMENT £900pcm



- Ground Floor Flat
- Double Bedroom
- Fitted Kitchen & Bathroom
- Garden & Parking Space
- Close To Station & Town
- Garden
- Unfurnished
- E.P.C Rating D

Epsom CENTRAL STUDIO £825pcm



- Studio Apartment
- Completely Refurbished
- Town Centre Location
- Brand New Kitchen
- Brand New Shower Room
- Communal Parking
- Avail Immediately
- E.P.C. Rating F

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LET AGREED

Epsom 020 8786 8899 **£725 PCM**
 ● One Double Bedroom
 ● Second (Top) Floor
 ● Lounge
 ● Kitchen / Diner
 ● Bathroom
 ● Balcony
 ● Gas Central Heating
 ● Entry Phone System

EPC: D



LET AGREED

Epsom Downs 020 8786 8899 **£850 PCM**
 ● Ground Floor Flat
 ● Two Bedrooms
 ● Lounge / Diner
 ● Modern Fitted Kitchen
 ● Double Glazing
 ● Gas Central Heating
 ● Communal Gardens
 ● FURNISHED

EPC: C



LET AGREED

Ashted 020 8786 8899 **£895 PCM**
 ● One Bedroom Cottage Style House
 ● Lounge
 ● Kitchen
 ● Large Bathroom
 ● Courtyard Area
 ● Original Sash Windows
 ● Ashted Village Location
 ● Gas Central Heating

EPC: D



LET AGREED

Banstead 020 8786 8899 **£1,050 PCM**
 ● Top Floor Flat
 ● Two Bedrooms
 ● Large Dual Aspect Lounge
 ● Balcony
 ● Garage
 ● Communal Gardens
 ● Residents Parking
 ● Council Tax Band: C

EPC: G



LET AGREED

Epsom 020 8786 8899 **£1,100 PCM**
 ● Two Double Bedrooms
 ● 23' Living Area
 ● Modern Kitchen Area
 ● Access to a Small Patio Area
 ● Bathroom
 ● Two Allocated Parking Bays
 ● Available Mid August
 ● Unfurnished

EPC: B

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LET AGREED

112 Kingston Road 020 8786 8899 **£1,150 PCM**
 ● Recently Redecorated
 ● Two Double Bedrooms
 ● Second Floor (Top)
 ● Gas Central Heating
 ● Double Glazed
 ● Two Bathrooms
 ● Juliette Balcony

EPC: C



LET AGREED

West Ewell 020 8786 8899 **£1,395 PCM**
 ● Three Bedrooms
 ● Lounge / Diner
 ● Conservatory
 ● Modern Kitchen
 ● First Floor Family Bathroom
 ● Gas Central Heating
 ● Alarm
 ● Off Road Parking Space

EPC: C



LET AGREED

Burgh Heath 020 8786 8899 **£1,200 PCM**
 ● Two Bedroom
 ● Open Plan Living Area
 ● Superb Bedroom Mezzanine Level
 ● Residents Car Parking
 ● Ensuite Bathroom
 ● Ground Floor Shower Room
 ● Furnished
 ● Character Features

EPC: C



LET AGREED

Epsom 020 8786 8899 **£1,000 PCM**
 ● End Of Terrace Cottage
 ● Lounge
 ● Modern Kitchen
 ● Modern Bathroom
 ● Two Bedrooms
 ● Furnished / Unfurnished
 ● Available August
 ● Gas Central Heating

EPC: C



LET AGREED

Tadworth 020 8786 8899 **£1,675 PCM**
 ● Three Bedrooms
 ● Spacious Living Room
 ● Refitted Kitchen
 ● Newly Fitted Bathroom
 ● Garage & Driveway
 ● Refurbished Throughout
 ● Sought After Location
 ● Stunning Gardens

EPC: D



LET AGREED

Ewell Village 020 8786 8899 **£1,695 PCM**
 ● Three Bedroom
 ● Lounge Diner
 ● Modern Kitchen
 ● Bathroom With Separate Shower
 ● Separate WC
 ● South West Facing Rear Garden
 ● Off Street Parking
 ● Garage

EPC: D



LET AGREED

Epsom 020 8786 8899 **£2,300 PCM**
 ● Five Bedrooms
 ● Three Four Piece Bathrooms
 ● Three Reception Rooms
 ● Large Kitchen / Breakfast Room
 ● Utility Room
 ● Garage & Off Road Parking
 ● Unfurnished
 ● Private Rear Garden

EPC: D

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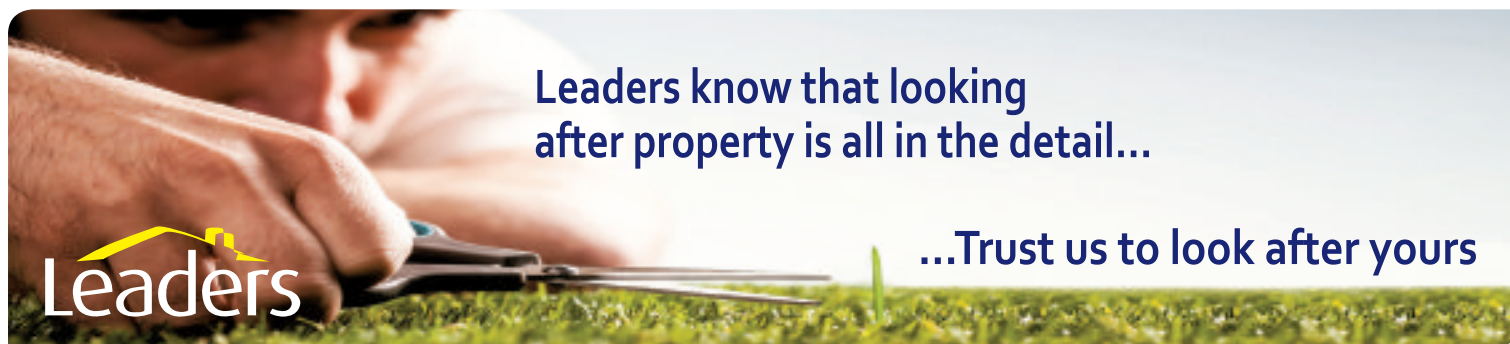


Brand new executive second floor apartment in Ewell Village with two double bedrooms and two bathrooms. EPC Rating: B

Epsom £2,850 pcm

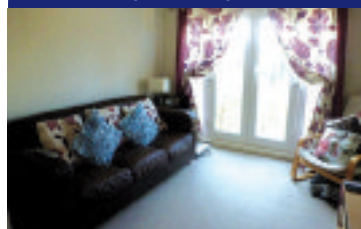


A delightful family home built in the classic and ever-popular 'Tudor' style design with a stunning rural outlook from the rear towards local fields. EPC Rating: E



...Trust us to look after yours

Epsom £950 pcm



A recently refurbished two double bed duplex offered to the rental market unfurnished. Walking distance to Epsom town and main line station. EPC Rating: TBC

Banstead £995 pcm



Spacious two bedroom unfurnished maisonette with plenty of storage is available now in Banstead village. EPC Rating: C

Epsom £1,095 pcm



Unfurnished two double bedroom third floor apartment located directly opposite the station with two bathrooms and allocated parking. EPC Rating: D

Epsom £1,595 pcm



Deceptively spacious extended mid terrace house in a sought after location with extended lounge dining room and large garden with patio. EPC Rating: On Order

Rent excludes the Tenancy Deposit and any other charges or fees which may be payable – upon request further information will be provided by us.

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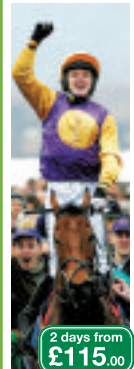
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Cynthia June Cummins
(Deceased)

Pursuant to the Trustee Act 1925 any persons having a claim against or an interest in the Estate of the aforementioned deceased, late of 49 Copse Edge Avenue, Epsom, Surrey KT17 4HT who died on 29 January 2013 are required to send particulars thereof in writing to the undersigned Solicitors on or before 4 December 2013, after which date the Estate will be distributed having regard only to claims and interests of which they have had notice.

RAE NEMAZEEL LLP
2 Barons Gate, 33-35 Rothschild Road, Chiswick, London W4 5HT.
Ref: SR-Gre-65-1

LICENSING ACT 2003
NOTICE OF APPLICATION FOR VARIATION OF A PREMISES LICENCE

NOTICE IS GIVEN THAT McDonald's Restaurants Limited has applied to London Borough Of Sutton on 1st October 2013 for the variation of a premises licence to use the premises at 585 London Road, North Cheam, Sutton, Greater London, SM3 9GL, for provision of late night refreshment for the sale of hot food and drink from 00:00 hours until 01:00 hours on Mondays to Sundays. Any person who wishes to make a representation in relation to this application must give notice in writing of his/her representation by 29th October 2013 stating the grounds for making said representation to the: London Borough Of Sutton, Business Regulation - Licensing, Civic Offices, St Nicholas Way, Sutton, Surrey, SM1 1EA. A record of the application can be inspected at the above address during office hours. Representations must be received by the Licensing Authority by the date given above. The Licensing Authority will have regard to any representation in considering the application that complies with the requirements of the Licensing Act 2003, the Regulations made thereunder and relates to at least one of the licensing objectives, being the prevention of crime and disorder, public safety, the prevention of public nuisance and the protection of children from harm. It is an offence, under section 158 of the Licensing Act 2003, to knowingly or recklessly make a false statement in or in connection with an application for a premises licence and the maximum fine on being convicted of such an offence is £5,000. Dated: 30th September 2013
Shoomsmiths LLP

KAREN WADKIN
(Deceased)

Pursuant to the Trustee Act 1925 any persons having a claim against or an interest in the Estate of the aforementioned deceased, late of 12 Shrublands Court Garratts Lane Banstead Surrey SM7 2EH, who died on 18/04/2013, are required to send particulars thereof in writing to the undersigned Solicitors on or before 06/12/2013, after which date the Estate will be distributed having regard only to claims and interests of which they have had notice.

LEWIS & DICK
443 Kingston Road Ewell Surrey KT19 0DG
T391109

NORA PICKERING
(Deceased)

Pursuant to the Trustee Act 1925 any persons having a claim against or an interest in the Estate of the aforementioned deceased, late of 2 Birches Close Epsom Surrey KT18 5JG, who died on 31/03/2013 are required to send particulars thereof in writing to the undersigned Solicitors on or before two months from the date of this publication, after which date the Estate will be distributed having regard only to claims and interests of which they have had notice.

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Transport for London

Road Traffic Regulation Act 1984

The GLA Roads and GLA Side Roads (Sutton) Red Route Consolidation Traffic Order 2008 Parking Places Variation Order 2013

- Transport for London hereby gives notice that on 27th September 2013 it made the above named Order, under section 6 of the Road Traffic Regulation Act 1984. The Order will come into force on 7th October 2013.
- The general nature and effect of the Order will be to increase the allowed parking time to 30 minutes for certain existing red route parking bays on the Transport for London Road Network.
- The borough which would be affected by the Order is the London Borough of Sutton.
- A copy of the Order, a statement of Transport for London's reasons for the proposal, and copies of any Order revoked, suspended or varied by the Order can be inspected during normal office hours at the offices of:
 - Transport for London Streets Traffic Order Team (TD/PI/STOT) Palestra, 197 Blackfriars Road London, SE1 8NJ
 - Highways, Transport and Smarter Travel London Borough of Sutton 24 Denmark Road Carshalton Surrey SM5 2JG
- Any person wishing to question the validity of the Order or of any of its provisions on the grounds that they are not within the relevant powers conferred by the Act or that any requirement of the Act has not been complied with, that person may, within six weeks from the date on which the Order is made, make application for the purpose to the High Court.

Dated this 3rd day of October 2013

Roger Pyle
Forward Planning Manager, Transport for London
Palestra, 197 Blackfriars Road, London, SE1 8NJ

MAYOR OF LONDON

TOWN AND COUNTRY PLANNING ACT 1990
PLANNING (LISTED BUILDING AND CONSERVATION AREAS) ACT 1990
TOWN AND COUNTRY PLANNING (GENERAL DEVELOPMENT) ORDER 1995
NOTICE OF APPLICATION FOR MAJOR DEVELOPMENT
ARTICLE 12B

In accordance with the above, notice is hereby given that application(s) have been made to Epsom and Ewell Borough Council for permission to carry out the following proposal(s):-

13/00692/FLH
3 Sir Visto Mews, Chalk Lane, Epsom
Single storey rear conservatory extension.

13/00777/FLH
49 The Green, Ewell, Surrey
Renew existing driveway, increasing the width of in/out driveways to make them safer, and making it possible for easier vehicular access. Rebuild 4 existing pillars, to include lighting in the new drive (either in the pillars or on the ground). Reduce very slightly (0.5-0.7m) the front garden to allow easier vehicular access. Rebuild the brick front porchway as-is.

13/00780/TPO LB
24B Church Street, Epsom, Surrey
Crown reduction to a Horse Chestnut in the front garden and to 2 Horse Chestnuts at the rear. (TPO 15/G39 - G40)

13/00782/TPO
Stamford Green Primary School , Christ Church Mount, Epsom
Group of Oaks situated in the rear gardens of properties along Christ Church Mount running along the boundary line with Stamford Green Primary School. Crown lift those overhanging the trim trail only to a height of 4m from ground level.

13/00784/TPO
41 Nonsuch Court Avenue, Ewell, Surrey
Crown reduction to a Silver Birch in the front garden. (TPO 320/T22)

13/00789/FLH
42 Kingston Road, Ewell, Surrey
Replacement windows and front door

13/00792/CAT
Flat 2 , 9 Lynwood Road, Epsom
Felling of 2 Conifers; one to the right hand side of the building and one in the rear garden.

13/00793/FLH
3A Worple Road, Epsom, Surrey
Demolition of existing rear conservatory and erection of part single/part two storey rear extension

13/00794/TPO
Saddlers Court, South Street, Epsom
Felling of a Yew tree and crown lifting of an Oak (TPO 341/T27 - 29)

13/00799/FUL
Land To The Rear Of, Corner House Parade, Epsom Road
New single storey office building.

13/00802/TPO
23 St Martins Avenue, Epsom, Surrey
Felling of a fire damaged Yew tree in the rear garden. (TPO 15/T92)

13/00803/TPO
62 Park Avenue East, Stoneleigh, Surrey
Crown reduction of an Ash tree in the rear garden. (TPO 313/T20)

13/00805/LBA
Sherwood Way, Epsom, Surrey
Partial demolition, and alterations to the Grade II listed water tower to facilitate conversion into one residential unit and formation of an ancillary estate office.

13/00812/CAT
1 Caithness Drive, Epsom, Surrey
Felling of a suppressed Lime tree near the entrance to Caithness Drive.

13/00813/CAT
10 Victoria Place, Epsom, Surrey
Crown reduction, thinning and lifting of a Silver Birch in the front garden.

13/00814/CAT
The Lindens, 10 Rosebery Avenue, Epsom
Re-pollarding a group of 18 Lime trees adjacent to Randolph Road and felling of two; one either end of the row.

An electronic copy of the application may be inspected on-line at <http://eplanning.epsom-ewell.gov.uk/online-applications/> or via internet access at Epsom Town Hall, The Parade, Epsom, Surrey, KT18 5BY or in public libraries. Any comments should be made using the facility provided at the above website address or in writing to the Planning Department at the above address. Correspondence should quote the above application reference and should arrive no later than 21 days from the date of this notice. IT SHOULD ALSO BE NOTED THAT ANY REPRESENTATION RECEIVED MAY BE MADE AVAILABLE FOR INSPECTION BY THE PUBLIC, AND MAY BE COPIED AS A RESULT OF THE PROVISIONS OF THE LOCAL GOVERNMENT (ACCESS TO INFORMATION) ACT 1985. REPRESENTATIONS WILL NOT BE ACKNOWLEDGED UNTIL AFTER AN APPLICATION HAS BEEN DETERMINED. LATE REPRESENTATIONS CANNOT NORMALLY BE TAKEN INTO CONSIDERATION. Please note that the Council do not accept any responsibility for any incomplete or inaccurate descriptions. HEAD OF PLANNING AND BUILDING CONTROL, EPSOM & EWELL BOROUGH COUNCIL

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NOTICE
ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14(1)
THE SURREY COUNTY COUNCIL
(B284) RUXLEY LANE, WEST EWELL
TEMPORARY PROHIBITION OF WAITING ORDER 2013

ON 2ND OCTOBER 2013 THE SURREY COUNTY COUNCIL MADE the above mentioned Temporary Prohibition of Waiting Order in exercise of their powers contained in section 14 (1) of the Road Traffic Regulation Act 1984, the effect of which will be to prohibit waiting by vehicles between the hours of 09:30 hours and 15:30 hours in the length of (B284) Ruxley Lane, West Ewell which extends from its junction with (A240) Kingston Road to its junction with Riverview Road.

Exemptions are provided in respect of the temporary waiting restrictions to permit vehicles to wait in order to pick up and set down passengers, to load and unload goods, to carry out essential services and works or when used by local authorities in pursuance of statutory powers or duties and for furniture removals. (N.B. Disabled persons displaying a disabled blue badge will be exempt from the temporary waiting restriction).

The Temporary Order is required to enable Skanska to replace lamp columns. This will come into operation on 7th October 2013 for a period of 5 weeks. The temporary waiting restrictions will only apply when the relevant traffic signs are in place.

The usual Exemptions apply for Post Office vehicles when delivering or collecting postal packets, vehicles when waiting because they are required by law to stop, are obliged to stop in order to prevent an accident or are prevented from proceeding because of circumstances outside the drivers control and in respect of anything done with the permission or at the direction of a police constable in uniform or of a civil enforcement officer will apply when the temporary waiting restriction are in force.

DATED 3 OCTOBER 2013
Authorising Officer: R Bolton
Local Highways Services Group Manager
Any Enquiries relating to this notice should be directed to:
Traffic Regulation Orders Team
Surrey County Council - Highways
Hazel House, Merrow Lane, Guildford, Surrey GU4 7BQ
Tel: 0300 200 1003

Licensing Act 2003
Application for a Premises Licence

Name of Applicant: Sainsbury's Supermarkets Ltd. Address: Sainsbury's, Unit 1, 168 London Road, Haslemere, Wokingham, SM6 7AN. Licensing Authority: London Borough of Sutton. Licensing Authority Address: Business Regulation – Licensing, London Borough of Sutton, Civic Offices, St Nicholas Way, Sutton, Surrey, SM1 1EA, (where a record of the application may be inspected during normal office hours). Licensing Authority Website: www.sutton.gov.uk. The applicant has applied to the Licensing Authority for a premises licence for the above premises for the following licensable activities: The sale of alcohol between the hours of 0700 and 2300 daily for consumption of the premises. Any person or responsible authority (as defined by the Licensing Act 2003) may make representations to the Licensing Authority no later than 24 October 2013. Any representations made to the Licensing Authority must be in writing. It is an offence knowingly or recklessly to make a false statement in connection with this application. The maximum fine for which a person is liable on summary conviction for this offence is £5,000. Dated: 25 September 2013
Winkworth Sherwood LLP
Minerva House, 5 Montague Close, London, SE1 9BB.
Ref: CVE/26508/1701/RPB.
Solicitors and authorised agents for the applicant.

NOTICE
THE SURREY COUNTY COUNCIL
HIGH STREET (B2200), EWELL
TEMPORARY PROHIBITION OF TRAFFIC ORDER 2013

ON 2ND OCTOBER 2013 THE SURREY COUNTY COUNCIL MADE the above mentioned Temporary Order under Section 14(1) of the Road Traffic Regulation Act 1984, the effect of which will be to impose a system of one-way traffic in the entire length of High Street (B2200), Ewell by prohibiting vehicles from entering or proceeding in any direction other than north-eastwards.

This Temporary Traffic Order is required to facilitate gas replacement works. These works are anticipated to be carried out within six weeks of the twelve-month period of operation of this Temporary Traffic Order that commences on 14th October 2013. Advanced warning signs will be displayed and the Temporary One Way Order will only operate when the relevant traffic signs are displayed. Access will be maintained for pedestrians at all times. Access will be maintained at all times for residents, businesses, emergency vehicles, buses and H.G.V.s via the signed diversion route.

South-westbound vehicular traffic will be diverted north-east via the temporary one way system in High Street (B2200) Ewell, south-east on Cheam Road (B2200), south-west on Ewell By-Pass (A24) and north-west on Reigate Road (C254) to the south-western end of High Street (B2200), Ewell.

DATED 3RD OCTOBER 2013
Authorising Officer: R Bolton
Local Highway Services Group Manager
Any Enquiries relating to this notice should be directed to:
Traffic Regulation Orders Team
Surrey County Council - Highways
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Surrey GU4 7BQ
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Sharing its underpinnings with the New Clio, the Captur is the latest addition to the booming small crossover class, currently filled by established rivals such as the MINI Countryman, Nissan Juke and Vauxhall Mokka, writes *Philip Shoulder*.

Along with compact dimensions and raised ground clearance, the French marque's chic new entrant is dynamically styled and features a two-tone colour scheme as standard.

Captur is reassuringly safe, too, having been awarded a five-star Euro NCAP crash rating.

Four trim levels are offered and all models get 16" alloy wheels,

60/40 split and sliding rear seat bench, body coloured bumpers, cruise control, electronic stability control, front and rear electric windows, Hill Start Assist, speed limiter and trip computer.

The Captur engine line-up consists of the 0.9-litre TCe 90 and new 1.2 TCe 120 petrol motors and 1.5 dCi 90 diesel. Although not quick – taking 12.3 seconds to get to 62mph – this 1.5 dCi 90 (89bhp) does enable Captur to achieve an impressive combined 76.4 mpg and low 95g/km of CO₂.

Despite its elevated height, Captur handles well, with minimal roll and good grip.

The Captur's cabin has a functional, yet funky feel, and a high up-right driving position, which is comfortable and affords good visibility; only marred by the rear three quarter blind spot.

Up front there are generous amounts of head and legroom and the seats are supportive.

There's plenty of room for rear passengers and decent versatility from the 60/40 split seat bench, while the 455 litre boot has an under-floor section for hiding

valuables out of view. In keeping with the rugged lifestyle theme, the boot floor is reversible, with one side coated with rubber – perfect for muddy shoes or other messy items.

Verdict: Renault's new small crossover entrant aims to combine the best of SUV, MPV and hatchback... and succeeds... Some

poor interior plastics and a fidgety low-speed ride are the only gripes to an otherwise top-notch package. Captur is stylish, practical and decent to drive: and although not matching the performance of Nissan's Juke, you'll enjoy appreciably better economy.

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OUT WITH THE OLD...



News that production of the iconic Volkswagen T2 camper van (pictured) will cease in Brazil later this year will no doubt have left many of you feeling sad, but while the rear-engined original is gone, a new generation of Volkswagen campers ensures its spirit lives on.

The iconic camper van joined the Transporter line-up in 1951, but it wasn't until the 1960s when it was adopted by a free-spirited generation that it became a cult symbol of an alternative lifestyle. Images of vans painted in crazy colours and psychedelic designs enthrall to this day.

The versatile, practical camper van captured the spirit of the times and has been the epitome of independent travel

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And those 60 years of globetrotting experience runs through the latest generation of Volkswagen campers – The California SE (£44,615) and California Beach (£35,370 without kitchen facilities).

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THESPECS...

Model: Renault Captur dCi 90
Dynamique MediaNav
OTR Price: £16,395
Max power: 89 bhp
Max speed: 106 mph
Acceleration: 0-62 in 12.3secs
Combined MPG: 76.4 (claimed)
CO₂ emissions: (g/km) 95
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Official Fuel Consumption in mpg (litres/100km) for the Fabia Hatch SE 1.2 12V 69PS: Urban 38.7 (7.3), Extra Urban 62.8 (4.5), Combined 51.4 (5.5). CO₂ emissions for the Fabia Hatch SE 1.2 12V 69PS 128g/km. Standard EU test figures for comparative purposes and may not reflect real driving results.

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*Available on selected models only, at participating Retailers. Refer to www.vauxhall.co.uk/offers or contact your local Vauxhall Retailer for details. Finance subject to status. Terms and Conditions apply. Applicants must be 18 or over. Finance supplied by Vauxhall Finance. PO Box 6666. Cardiff, CF15 7YT. **Vauxhall Deposit Contribution may vary and excludes ADAM, Mokka, Cascada and New Insignia (MY14) models. 24-60 month term. We can introduce you to a limited number of finance providers, commission may be received. Offer will apply to private individuals, Vauxhall Partners and small businesses 1-24 (purchase only, excluding B2B supported units). All other customers are excluded. †First year insurance offer available on Corsa models (excluding Expression, S, Sting, Design and VXR). The offer will cover the full premium for drivers aged between 21-75 (motor policy only). Drivers must have held a valid full UK licence for a minimum of 1 year. Only available through Vauxhall Insurance. Policies are underwritten by Ageas Insurance Ltd. Other insurance specific Terms and Conditions apply. Vauxhall Lifetime Warranty covers lifetime ownership of first registered keeper. 100,000 mile limit. Terms and Conditions apply. Offers available on orders or registrations before 16 December 2013. #Official EU-regulated test data are provided for comparison purposes and actual performance will depend on driving style, road conditions and other non-technical factors.

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08 58 BMW 520i D-M SPORT AUTOMATIC, carbon black, full black leather sport seats, sat nav, 17" MV sport wheels, all electrics, 120,000 motor way miles, lovely example, fantastic value for money.....**£9,495**

08 08 MINI 1.6 COOPER S CHILLI PACK, red with white roof and mirror caps, Vi black leather sport seats, air con, 6 speed manual, start/stop, xenon lights, CD/radio, rear spoiler, only 27,000 miles, full service history, one owner.....**£8,995**

09 59 HONDA CIVIC 1.8 SE, 5 DOOR, manual, black metallic with charcoal cloth trim interior, air con/climate control, alloys, CD/radio, remote locking, e/windows, one owner, full service history.....**£7,495**

06/56 VOLKSWAGEN GOLF 2.0 SPORT TDi, 5 door, 6 speed manual diamond black metallic with full grey leather interior, heated seats, alloys, air con, radio/cd multi changer, rear parking sensors, e/windows, c/locking 79,000 miles, f.s.h.....**£6,995**

09 09 VAUXHALL CORSA 1.4i DESIGN AUTOMATIC, 5 door, metallic silver, half grey leather trim, air con, alloys, CD player, all electrics etc, just 21,000 miles, FSH, lovely example.....**£5,995**

04/54 V.W BEETLE CONVERTIBLE, 5 speed, Harvest moon beige with full sand beige leather trim, alloys, cd player all electrics ect, 68,000 miles, superb example.....**£5,495**

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05/55 VW beetle 2.0i convertible, 5 speed, Metallic green- full grey leather trim, Air con, Alloys, CD player, All electrics etc, 1 owner from new, 80,000 miles, Full service history, lovely condition.....**£5,495**

07/57 Honda Civic 1.8 VVTi Sport, 5 Door, 6 Speed. Gloss black-Grey Velour sports seats, Air con, Alloys, CD player, All electrics etc, 1 owner, 68,000 miles, Full service history, Lovely example.....**£5,495**

07 57 FORD FOCUS 1.6 ZETEC, CLIMATE, 3 DOOR 5 speed, silver blue metallic, grey cloth trim, air con, pas, alloys, all electrics, two owners, 54,000 miles FSH superb example.....**£4,695**

07 56 FORD FOCUS 2.0 TDCi CC-3 Convertible 6 speed diesel, turquoise metallic, full sand beige leather trim, Sat nav, alloys, heated electric Seats, etc etc, 80,000 miles, FSH, Lovely throughout.....**£4,695**

04/54 VOLKSWAGEN GOLF 1.6S FSi 5 door, automatic, metallic black, air con, CD/radio, e/windows, c/locking, ABS, power steering, 80,000 miles, service history.....**£4,495**

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04 04 MAZDA MX5 CONVERTIBLE, metallic silver, alloys, ABS, power steering, c/locking, e/windows, 64,000 miles, Full service history.....**£3,995**

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Ashted teenager Dominic Sibley looks set for a bright cricketing future after he became the youngest ever double centurion in County Championship history.

The 18-year, who scored 200 in the Surrey Championship for Ashted

when just 15, scored 242 for Surrey in their draw with Yorkshire last week.

The heroics mean he is also the youngest century maker in Surrey's history and the second youngest Englishman after WG Grace to score a double century.

Sibley emotional at record mark: Page 5

Eboni's got a good vibe

Eboni Beckford-Chambers is confident England's netball team can make their mark at the Commonwealth Games next year after completing a 3-0 series whitewash over South Africa on Friday.

The 25-year-old goal defence specialist from Cheam played in all three victories, 49-38, 51-33 and 53-41 – a series being reproduced on South African soil in three weeks' time.

It will not be the last time the former Epsom College student faces the Proteas, with South Africa drawn in their Commonwealth Games pool for next summer with Australia, Trinidad & Tobago, Wales and Barbados.

"I'm excited – this is what we dream for," she said.

"Given where the team is now and how we are building momentum, I definitely think we can do things in January against New Zealand and Jamaica, at the Commonwealth Games and at World Championships, so it's more about watching this space."

Holding firm

Sutton & Epsom withheld a second-half fightback from Staines to go back to second in London One South with a 41-26 win on Saturday.

Two Pete Matthews tries helped put Sutton 34-0 up at half time, but Staines roared back to get within eight points before Matt Whitaker's second try of the game finally killed them off. They host old foes Wimbledon on Saturday.

Sprinkled with stardust

by GRAHAM MOODY

sports@london.newsquest.co.uk

Leatherhead may have had to deal with traffic chaos this week, but the Tanners still left manager Richard Brady purring over their best performance since he took charge two years ago.

Tailbacks on the M25 on Saturday meant Brady had just seven players half an hour before their FA Cup second qualifying round tie with Binfield, and then a broken down car meant four of his team did not turn up for Monday's game with Hastings United until just before kick-off.

Despite the problems though, the Tanners still beat Binfield 2-1 thanks to Tom Bradbrook's last-minute free kick and drew 2-2 with fellow high-fliers Hastings in Ryman Division One South.

And although they needed another late Bradbrook strike



Late specialist: Leatherhead striker Tom Bradbrook

to rescue a point on the south coast, the display had Brady waxing lyrical about his side.

"It was an incredible performance, the best performance since I have been manager," he said.

"We could have won 5-2 and it would have been a travesty if we hadn't got a draw, even Hastings admitted we were better than them."

"I had to reshuffle and bring in new players but we were fantastic."

"I knew we had played well, but for the other manager and team to say we were the best side they had played meant a lot."

"It almost seems like a little bit of stardust came down on us in the cup with everything that happened."

Halford has the power

Brad Halford has warned Shane Graham he has the power to end their upcoming battle with just one punch.

The 33-year-old from Epsom faces Graham for the vacant Queensbury English light welterweight title at Effingham Park Hotel in West Sussex on October 26, and having floored all four of his previous opponents in the competition, he is threatening to do it again.

"I've floored everyone I've fought," he said.

"In my last title defence I stopped Jon Martin in the first round who had gone the distance with big punchers up at light middleweight before, so I know the power is there."

"Training has been going well and I've getting in as much sparring as possible, so whether this turns out to be a boxing match or a war, I'll be more than ready."

For tickets, contact 07983 285066 or visit queensburyboxing.co.uk.



Big talk: Brad Halford is out to make it five knock-outs in five matches against Shane Graham

SPORTSbrief

FOOTBALL: Epsom and Ewell strengthened their position at the top of the Combined Counties League on Saturday by beating pre-season title favourites Windsor 3-1 away. Two goals from Kyle Hough and a late by Mark Jarman effort helped extend the Salts' lead to six points ahead of this Saturday's game when they host Badshot Lea.

CYCLING: Joanna Rowsell and her Wiggle Honda team-mates began a new era for the women's team pursuit by setting a world record at the British National Track Championships last weekend. With the distance increased to four kilometres from three, Rowsell, Dani King, Laura Trott and Elinor Barker clocked a world best of four minutes, 32.721 seconds to win the British title.

FOOTBALL: Epsom Athletic and Banstead Athletic face off at Epsom in Combined Counties Division One on Saturday. Epsom sit sixth in the league having drawn 1-1 with Sandhurst Town last weekend, while Banstead are 13th having been in league cup action against Colliers Wood United on Saturday, a match they won 3-2 in extra time.

RUGBY: Old Walscottians made a losing start to the Surrey One season on Saturday as they were beaten 53-10 by Old Wimbledonians. They go to Battersea Ironsides this weekend.

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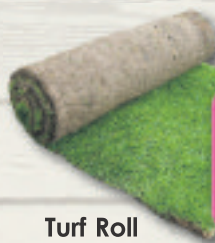
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Tel: 01372 725638 **Email** info@chessingtongardencentre.co.uk **Website** www.chessingtongardencentre.co.uk

Offers valid until 4th November whilst stocks last. Not valid in conjunction with any other offers.

All items collection only, unless stated.

